



CEO *of* Me

CREATING A LIFE
THAT WORKS IN THE
FLEXIBLE JOB AGE

ELLEN KOSSEK *and* BRENDA LAUTSCH

LIVE WEBINAR
with Ellen Ernst Kossek
February 25, 2009

LIVE WEBINAR:

Managing Talent and Work-Life Flexibility: Helping Employees Become CEO of Their Working Lives

Presented by Dr. Ellen Kossek, Michigan State University

When: February 25, 12:00-1:30 pm, EST **Cost:** \$175

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In this webinar, author Ellen Kossek will share tips to help you achieve a work/life balance that includes personal health, stress management, well-being and productivity. You will gain practical strategies and tools to enhance your quality of life at work and at home. You will also:

1. Learn about the Flexibility con and why we are experiencing more work-family conflict than ever even though many of us have some flexibility policies at our companies.
2. Learn three flexstyle preferences as measured by the Flexstyle Indicator®;
3. Take away some general strategies you can use to gain control and be more satisfied.

PLUS, you will be entered to win a free copy of the book!



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