

Rachael L. Ellison (Suffrin), Ph.D.

CURRICULUM VITA

rellison1@iit.edu

Assistant Professor (tenure track)

Fall 2019-Present

Illinois Institute of Technology (IIT) Department of Psychology

www.iit.edu/directory/people/rachael-ellison

Clinical Neuropsychologist

Chicago Neuropsychology Group

IL Clinical Psychologist License #071.009905

www.rachaelellisonphd.com

Women in Neuropsychology (WIN) Chair

Present-2023

American Psychological Association (APA) Society for Clinical Neuropsychology (SCN; Division 40)

Public Interest Advisory (PIAC) Subcommittee

EDUCATION

APA Specialty Accredited Post-Doctoral Fellowship in Clinical Neuropsychology 2017-2019

Edward Hines, Jr. VA Hospital, Hines, IL

Major Rotations: TBI/Polytrauma, Inpatient, & Outpatient Neuropsychology Clinics

Minor Rotations: (See clinical experiences)

VA Approved Cognitive Processing Therapy (CPT) provider 2018

APA Accredited Psychology Clinical Internship (Neuropsychology Emphasis) 2016-2017

University of California San Diego (UCSD)/VA San Diego Healthcare System, San Diego, CA

Rotations: TBI/Cognitive Rehabilitation, Neuropsychological Assessment Unit, PTSD

Chief Intern

APA Accredited Ph.D. in Clinical/Community Psychology 2011-2017

APA Accredited Masters in Clinical/Community Psychology 2014

DePaul University, Chicago, IL

Northwestern University Public Interest Program Fellow, Chicago, IL 2010-2011

Center for Companies That Care

Bachelors of Science, Northwestern University, Evanston, IL 2006-2010

Double Major: Human Development and Psychological Services; Psychology
Certificate Program: Certificate in Civic Engagement
 School of Education and Social Policy (SESP) Dean's List

ACTIVE RESEARCH STUDIES

Primary Investigator, IIT **2019-Present**

"Exploring the Cognitive Burden of Racial Code Switching"

- Formal collaborators: Emma Adam, Ph.D. (Northwestern University), Patrick Riordan, Ph.D., ABPP (Edward Hines, Jr. VA Hospital), Vershawn Young Ph.D. (University of Waterloo), Maurice Endsley, Ph.D. (Edward Hines, Jr. VA Hospital), Chandra Waring, Ph.D. (University of Wisconsin, Whitewater), Ednah Ezichi Nwafor (Northwestern University)
- The goals of this study are to empirically test the cognitive burden of race-based code-switching in a controlled context

Primary Investigator, IIT **2019-Present**

"Executive Functioning, Emotion Regulation and Challenging Conversations"

- Formal collaborators: Ruth Schmidt (Associate Professor, IIT Institute of Design); Jonas Kaplan, Ph.D. (Assistant Professor, University of Southern California); Demetri Morgan, Ph.D. (Assistant Professor, Loyola University)
- The goals of this study are to test potential short-term, low-effort interventions on increasing empathic understanding to diverse viewpoints. The study also explores the role of executive functioning (through objective neuropsychological testing), and the process of staying emotionally regulated during challenging social/political conversations

Co-Investigator, Edward Hines Jr., VA Hospital **2020-Present**

"Quantifying Daily Physical Activity and Determinants Among Sedentary and Physically Active Patients with Parkinson's Disease: Understanding the Effects of Environmental Neurotoxin Exposure"

Co-Investigator/Cognitive Coach, Edward Hines Jr., VA Hospital **2019-Present**

SPIRE Grant, Department of Veterans Affairs-RR&D

Primary Investigator: Sandra L. Kletzel, Ph.D.

"Cognitive Rehabilitation for Veterans with Parkinson's Disease"

- The goals of this study are to determine the feasibility, cognitive effects and effects on real-like function of an at-home computerized cognitive training and implementation strategy program for Veterans with Parkinson's disease

WOC Research Collaborator, Edward Hines Jr., VA Hospital **2019-Present**

Post-Doctoral Researcher, Edward Hines Jr., VA Hospital **2017-2019**

"Traumatic Brain Injury Data Repository," Research Services, Center for Innovation in Complex Chronic Healthcare

Primary Investigators: Theresa Louise-Bender Pape, Dr.PH.; Amy Herrold, Ph.D.

Research Collaborator, Northwestern University **2019-Present**

Post-Doctoral Researcher, Northwestern University **2017-2019**

“Biology, Identity and Opportunity (BIO) Study,” Contexts of Adolescent Stress and Thriving (COAST) Lab, School of Education and Social Policy/Institute for Policy Research

Primary Investigators: Emma Adam, Ph.D. (Northwestern University); Adriana Umaña-Taylor, Ph.D. (Harvard University); Mesmin Destin Ph.D. (Northwestern University)

- Overseeing the cognition portion of the study and supervising team of staff, graduate and undergraduate students
- Funding by a \$1million Spencer Foundation grant, longitudinal study
- Exploring if disparities in race-based stress (e.g., perceived racial discrimination) and stress biology (e.g., cortisol daily rhythms and sleep hours and quality) may help to account for racial-ethnic disparities in academic performance and cognition

Co-Investigator, IIT **2019-Present**

Funding from the United States Department of Agriculture (USDA)

“Understanding the Pulse-Gut relationship and its role in modifying systemic inflammation and insulin sensitivity in humans”

Primary Investigators: Indika Edirisinghe, Ph.D. (IIT, Institute for Food Safety and Health); Britt Burton-Freeman, Ph.D., (IIT, Institute for Food Safety and Health)

- Designed and overseeing the cognition portion of the study and supervising team of doctoral student neuropsychological technicians
- Testing the effects of daily consumption of pulses (black beans/chickpeas) on cognitive functioning (as well as the structure and function of the microbiome, and production of metabolites beneficial to human physiology including reduced systemic and gut inflammation)

Co-Investigator, IIT **2019-Present**

“Avocado Vascular (AvVa) Study: Effects of regular intake of avocados, a source of health fats and micronutrients, on systemic and ocular vascular health”

Primary Investigators: Britt Burton-Freeman, Ph.D., (IIT, Institute for Food Safety and Health)

Co-Investigators: Rebecca K Zoltoski, Ph.D. (Illinois College of Optometry); Arlene Chapman, M.D. (University of Chicago Medicine)

- Designed and overseeing the cognition portion of the study and supervising team of doctoral student neuropsychological technicians
- Testing the effects of daily consumption of avocado on cognitive functioning (as well as on systemic and ocular vascular health)

Primary Investigator, IIT **2020-Present**

“*Living in Empathy*’: A Randomized Control Trial of a Racial Privilege Group for Mental Health Professionals”

- The goals of this study are to examine the effectiveness of a newly developed racial privilege and cultural competence psychoeducation and process group for self-identified white mental health professionals using a randomized control trial, with delayed control waitlist design

CLINICAL EXPERIENCE

Clinical Neuropsychologist 2019-Present
Chicago Neuropsychology Group, Chicago, IL
<http://chicagoneuropsychology.com/>

WOC Medical Staff Psychologist 11/25/2019-Present
Edward Hines Jr. VA Hospital, Hines, IL

Postdoctoral Fellow in Clinical Neuropsychology 2017-2019
Edward Hines, Jr. VA Hospital, Hines, IL

Major Rotations: Outpatient & Inpatient Neuropsychology, Polytrauma/TBI Neuropsychology
Minor Rotations: Brain Injury Research, “TBI Survivors Network” group for moderate to severe brain injury, “Caring for the Aging Brain” workshops, Cognitive Rehabilitation group for Mild Cognitive Impairment, Health Promotion Disease Prevention clinic (including transplant evaluations, biofeedback, CBT-I, leading weekly “Wellness Workshops” for inpatient substance abuse clinic)

About: Veterans Affairs center

Supervisors: David Kinsinger, Ph.D., ABPP-CN, Anne Wiley, Ph.D., ABPP-CN, Patrick Riordan, Ph.D., ABPP-CN, & Amanda Urban, Ph.D., ABPP-CN

- Supervise externs in full neuropsychological evaluations
- Supervised the neuropsychology intern through TBI Survivor’s Network group
- Responsible for organizing and facilitating neuropsychology journal club for trainees
- Lead group supervision for neuropsychology trainees
- Implemented and led the first Cognitive Rehabilitation Group for Mild Cognitive Impairment
- Facilitate the Wellness Workshop series through Health Promotion Disease Prevention
- Designed and gave a CE workshop for the hospital on “HIV and Neuropsychology” for World AIDS Day
- Participate in neuroradiology rounds, “supervision of supervision” group, group supervision, other relevant didactics/rounds/trainings/CEs at both Hines and Loyola (e.g., Medical Rehabilitation didactics, Integrated Care grand rounds)
- Co-facilitate “Understanding the Aging Brain” multidisciplinary educational workshops for aging Veterans, caregivers and family members. Present both at the VA and externally in the community (e.g., at VFWs); presented on “Emergency First Aid: Concussions and Strokes” at the Family Empowerment Network (FEN) series
- Audited the neuroanatomy course at Loyola University
- Shadowed the Inpatient Neurology Team for a 2-week experience

Clinical Associate 2018-2019

Center for Comprehensive Neurobehavioral Care, Chicago, IL

About: A **pediatric private practice** specializing in comprehensive multidisciplinary neuropsychological and forensic evaluations

Clinical Director: Lori G. Tall, Psy.D.

Pediatric Neuropsychological Technician 2018-2019

O’Koon Psychology Group, Glenview, IL

About: A **pediatric private practice** specializing in comprehensive multidisciplinary neuropsychological evaluations

Clinical Director: Jeff O’Koon, Ph.D.

Clinical Intern in TBI/Neuropsychology 2016-2017

University of California San Diego (UCSD)/VA Psychology Clinical Internship Program

Rotations: TBI Cognitive Rehabilitation Clinic, Neuropsychology Unit, PTSD Clinic

About: **Veterans Affairs center**

TBI/Cognitive Rehabilitation Supervisor: Amy Jak, Ph.D., Internship Program Director, Karen Hanson Bondi, Ph.D. *Neuropsychology Supervisors:* Mark Bondi, Ph.D., ABPP/CN; Gregory Brown, Ph.D., ABPP/CN; Vincent Filoteo, Ph.D. *PTSD Supervisor:* Joanna Jacobus, Ph.D.

- Appointed **Chief Intern**
- Wrote and conducted comprehensive neuropsychological batteries of primarily adult neuropathological disorders
- Conducted clinical intakes for across all three rotations and participated in feedback sessions for both neuropsychological assessments and TBI assessments
- Gained proficiency in conducting cognitive rehabilitation, “Compensatory Cognitive Training” (formally CogSMART)
- Successfully completed **VA certification** for **Cognitive Processing Therapy (CPT)**
- implemented Prolonged Exposure (PE), CPT and STAIR for Veterans with PTSD, conducted CPT group

Pediatric Neuropsychology Extern 2015-2016

University of Chicago, Department of Psychiatry

About: **University medical center**

Supervisors: Scott Hunter, Ph.D., Megan Scott, Ph.D.

- Wrote and conducted comprehensive neuropsychological assessments of childhood neurodevelopmental and other pediatric disorders

Adult Neuropsychology Extern 2014-2015

University of Illinois, Chicago, Department of Psychiatry, Chicago, IL

About: **University medical center**

Supervisors: Neil Pliskin, Ph.D., ABPP/CN, Julie Janecek, Ph.D., Woojin Song, Ph.D., Sara Weisenbach, Ph.D., ABPP/CN

- Wrote and conducted comprehensive neuropsychological batteries of primarily adult neuropathological disorders, including competency evaluations
- Patients spanned adult inpatient and outpatient, pediatric inpatients

Pediatric Neuropsychological Technician 2014-2016

Pediatric Consultation Center, Glenview & Vernon Hills, IL

About: A **pediatric private practice** specializing in comprehensive multidisciplinary neuropsychological evaluations

- Administered neuropsychological assessments with youth 5-24 years of age
- Conducted school observations, worked with families and teachers in school consultation and intervention planning
- Participated in clinical intakes, feedback sessions, and IEP/504 Plan meetings

Part-Time Staff (2014-2016); Advanced Extern (2013-2014); Extern (2012-2013) 2012-2016

DePaul Family and Community Services (DePaul FCS), Chicago, IL

About: A **community-based child/family mental health center** specializing in working with low-income, minority youth

Pediatric Testing Clinician 2012-2014

Group Therapist 2013-2015

- Supervised 2 teaching assistants, 6 clinical supervisors, 30 mentors and 30 mentees at 3 partner schools in Chicago's southside Englewood/Auburn Gresham communities
- Supervised graduate and undergraduate student therapists in group supervision
- Designed and facilitated weekly group coping sessions as part of an intervention focused on alleviating stress for youth living in urban poverty, in a longitudinal RCT, community-based mentoring project working with 4th-9th grade mentees in Englewood
- Developed brief "waitlist" groups for youth and parents at DePaul FCS
- Contracted by CPS to lead 5 weekly school-based therapy groups (e.g., Anger Coping, Emotion Regulation) for 3rd- 8th graders
- Received training on Anger Coping and Cognitive Behavioral Intervention for Trauma in Schools (CBITS)
- Co-led mother-daughter therapy groups in a community setting with minority youth at risk for depression and their mothers as part of the development of a manualized intervention and RCT for the Mother-Daughter Project

Child and Family Therapist 2012-2014

- Parent Child Interaction Therapy (PCIT) therapist
- Trained on "Strengths for Trauma Resilience- Overcoming N' Growing" STRONG Families Treatment for Community Violence training through *the Urban Youth Trauma center at the Institute for Juvenile Research at the University of Chicago*

Mental Health Professional, Camp Kesem Northwestern University 2015

About: A 501(c)3 **overnight camp** for kids ages 6-16 whose parents have/had cancer

- Responsible for assisting with campers/counselors' psychological issues (e.g., homesickness, oppositional behavior)

- Responsible for crisis management (e.g., camper suicidal ideation)
- Provided pre-camp training for staff and student leaders on behavioral management

PUBLICATIONS

Peer Reviewed Journal Publications

Stika, M. M., Riordan, P., Aaronson, A. A., Herrold, A. A., **Ellison, R. L.**, Kletzel, S., Drzewiecki, M., Evans, C. T., Mallinson, T., High, W. M., Babcock-Parziale, J., Urban, A., Bender Pape, T. L., & Smith, B. (in press). Cognition and other predictors of functional disability among Veterans with mild traumatic brain injury and post-traumatic stress disorder. *Journal of Head Trauma Rehabilitation*.

Ellison, R. L., Cory, M., Horwath, J., Barnett, A., & Huppert, E. (in press). Can mentor organizations impact mentor outcomes? Assessing organizational norms on mentor intent to stay and willingness to 'go the extra mile'. *Journal of Community Psychology*. doi:10.1002/jcop.22391

Ellison, R. L., Todd, N. R., Orth, R. D., & McConnell, E. A. (2019). Openness to diversity and White privilege awareness: The moderating role of gender for White Christian students. *Journal of College Student Development*, 60(5), 563-576. [doi:10.1353/csd.2019.0050](https://doi.org/10.1353/csd.2019.0050)

Ellison, R. L. (2018). Corporate social responsibility (CSR) and prospective employment decisions: Exploring social change through college students. *Journal of College and Character*, 19. doi:10.1080/2194587X.2018.1517648

Ellison, R. L., & Stika, M. (Winter, 2018). Feedback on invalid neuropsychological testing: Mild traumatic brain injury (mTBI). *Journal of Health Service Psychology*.

Todd, N. R., Boeh, B. A., Houston-Kolnik, J. D., & **Suffrin, R. L.** (2017). Interfaith groups as mediating structures for political participation: A multilevel analysis. *American Journal of Community Psychology*, 59, 106-119. doi:10.1002/ajcp.12121

Todd, N. R., Houston-Kolnik, J. D., & **Suffrin, R. L.** (2017). Understanding community issues of interfaith groups. *Journal of Community Psychology*, 45, 160-177. doi:10.1002/jcop.21840

Suffrin, R. L., Todd, N. R., & Sanchez, B. (2016). An ecological perspective of mentor satisfaction with their youth mentoring relationships. *Journal of Community Psychology*. 44(5), 553-568. doi.org/10.1002/jcop.21785

Todd, N. R., Houston, J. D., & **Suffrin, R. L.** (2015). Applying affiliation social network analysis to understand interfaith groups. *Psychosocial Intervention*, 24, 147-154. doi:10.1016/j.psi.2015.07.007

Todd, N. R., **Suffrin, R. L.**, McConnell, E. A., & Odahl-Ruan, C. A. (2015, March 25). Understanding associations between religious beliefs and White privilege attitudes. *Sociological Perspectives*, 58, 649-665. doi:10.1177/0731121415572689

Todd, N. R., McConnell, E. A., & **Suffrin, R. L.** (2014). The role of attitudes toward White privilege and religious beliefs in predicting social justice interest and commitment. *American Journal of Community Psychology*, 53, 109-121. doi:10.1007/s10464-014-9630-x

Suffrin, R. L. (Spring, 2013). Case study: The sewing cooperative: Generating resources by increasing production efficiency: Argentina (GRIPE A). *The International Undergraduate Journal for Service-Learning, Leadership and Social Change*.

Books & Book Chapters

Ellison, R. L. (2020). Goodnight COVID-19: A pandemic parody edition (K. Bradford, Illus.). Brain & Behavior LLC.
https://www.amazon.com/dp/B08B2F8CVW/ref=sr_1_1?keywords=goodnight+covid&qid=1591900866&sr=8-1

Koocher, G. P., & **Suffrin, R. L.** (2017). Common Ethical Transgressions by Private Practitioners. In S. Walfish, J. Zimmerman, & J. E. Barnett (Eds.). *The Handbook of Private Practice*. New York: Oxford University Press.

Manuscripts under Review

Media Coverage

Arkin, M. (2020, August 03). Mentoring organizations impact mentors, too [Summary of Ellison, R. L., Cory, M., Horwath, J., Barnett, A., & Huppert, E. (2020). Can mentor organizations impact mentor outcomes? Assessing organizational norms on mentor intent to stay and willingness to “go the extra mile.” *Journal of Community Psychology*.
<https://doi.org/10.1002/jcop.22391>]. Chronic of Evidence-Based Mentoring. Retrieved from <https://www.evidencebasedmentoring.org/mentoring-organizations-impact-mentors-too/>

Azoulay, B. (2020, July 6). Talk to your kids about COVID-19 with the help of these lovely children’s books. sheknows. URL:
<https://www.sheknows.com/parenting/slideshow/2233335/coronavirus-kids-books/3/>

Maughan, L. (2020, June 18). Assistant professor publishes children’s book on COVID-19 pandemic. Illinois Tech News. URL: <https://www.iit.edu/news/assistant-psychology-professor-publishes-childrens-book-covid-19-pandemic>

Preston, J. (2017, March 14). New research takes an ecological perspective of mentor satisfaction [Summary of **Suffrin, R.**, Todd, N. & Sanchez, B. (2016). An ecological perspective of mentor satisfaction with their youth mentoring relationships. *Journal of Community Psychology*, 44(5), 553-568. DOI: 10.1002/jcop.21785]. Chronic of Evidence-Based Mentoring. Retrieved from [http://chronicle.umbmentoring.org/new-research-takes-ecological-perspective-mentor-satisfaction/?ct=t\(March_15_2017&mc_cid=e69248c164&mc_eid=8c72bf835d](http://chronicle.umbmentoring.org/new-research-takes-ecological-perspective-mentor-satisfaction/?ct=t(March_15_2017&mc_cid=e69248c164&mc_eid=8c72bf835d)

Technical Reports and Other Publications

Ellison, R. L. (2019). Teach the children well: Social justice in college predicts preference for socially responsible jobs. *Society for Community Research and Action, Children, Youth and Families, Mental Health section online publication*. URL: <https://www.communitypsychology.com/teach-socially-responsible-jobs/>

Stephens, J. E., **Ellison, R. L.**, Nwafor, E. N., & Adam, E. K. (2019). Early to bed, more organized to rise? Preliminary evidence shows that an earlier bed time may be beneficial for teens' cognitive functioning. *Society for Community Research and Action, Children, Youth and Families, Mental Health section online publication*. URL: <https://www.communitypsychology.com/early-to-bed-more-organized-to-rise/>

Ellison, R. L. (May, 2018). A community psychologist at heart: The value of a foundation in community psychology. *Community Practice Bulletin, Society for Community Research and Action*.

Suffrin, R. L. (2016). Br. David Darst Center: Assessment of the Urban Immersion Retreat Program. The Brother David Darst Center, Chicago, IL.

Suffrin, R. L. (2016). SCRA Community Mini-Grant spotlight: Youth immersion experiences. *Global Journal of Community Psychology Practice*.

Suffrin, R. L., Nass, K. & La-Hood Olson, E. (2016). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., & Nass, K. (2015). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., Sanchez, B., & O'Leary, A. (2014). An outcome evaluation of student involvement in Camp Kesem. Camp Kesem Nationals.

Suffrin, R. L., Curby, C., Nass, K., & O'Donogue, S. (2014). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., Ryan, A., & Judge, T. (2014). Office of Religious Diversity Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., Álvarez, R., & Nass, K. (2013). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

CONFERENCE PRESENTATIONS

Khan, H., & **Ellison, R.** (Accepted for June, 2020; Conference canceled due to COVID-19). *Craniotomy of the Left Frontal Lobe: A Case Study of Longitudinal Neuropsychological Assessments*. Poster accepted to be presented at 2020 American Academy of Clinical Neuropsychology, Washington, D.C.

Nwafor, E., Collier-Villaume, S. E., Stephens, J., **Ellison, R. L.,** Ehrhardt, A. D., & Adam, E. K. (Accepted for May, 2020). Sleep as a Potential Mediating Factor Between Racial Discrimination and Executive Functioning. In *Racial Discrimination and Youths' Physiological and Biological Processes* paper symposium accepted for SRCD 2020 Special Topic Meeting: *Construction of the 'Other': Development, Consequences, and Applied Implications of Prejudice and Discrimination*, Rio Grande, Puerto Rico, USA.

Ellison, R. L., Stika, M., Riordan, P., Herrold, A. A., Smith, B., Drzewiecki, M., Kletzel, S., Aaronson, A., & Pape, T. (February, 2020). *Blast Versus Blunt-Force: Mechanism of Traumatic Brain Injury and Cognitive Outcomes in OEF/OIF Veterans*. Poster presented at the International Neuropsychology Society (INS) 2020 Annual Meeting, Denver, CO.

Ellison, R. L. & Urban, A. (invited talk for July, 2019). *TBI Survivor's Network: Veterans with TBI requiring "lifelong" follow-up*. Invited talk for the U.S. Department of Veterans Affairs VISN 12 Polytrauma/TBI Conference, Hines, IL.

Ellison, R. L. & Urban, A. (invited talk for July, 2019). *Chronic Traumatic Encephalopathy (CTE)*. Invited talk for the U.S. Department of Veterans Affairs VISN 12 Polytrauma/TBI Conference, Hines, IL.

Ellison, R. L., Stephens, J., Nwafor, E., Adam, E., & Grant, K. (June, 2019). *Stress and the Teenage Brain: The Impact of Daily Stressors on Adolescent Cognition*. Poster presented at the American Academy of Clinical Neuropsychology (AACN) 2019 Conference, Chicago, IL.

Ellison, R. L., Day, A., Khan, A., Lennon, J., Pape, T., & Herrold, A. A. (April, 2019). *Relationships between Alcohol Use Disorder symptoms and executive functioning*. Poster presented at the Midwest Psychological Association (MPA) 2019 Annual Meeting, Chicago, IL.

Nwafor, E., Stephens, J., **Ellison, R. L.,** Hitner, E., Adam, E. K., & Umaña-Taylor, A. (March, 2019). *Perceived Experiences of Racial Discrimination Associated with Poorer Adolescent*

Executive Functioning. Poster presented at the Society for Research in Child Development (SCRD) 2019 Biennial Meeting, Baltimore, MD.

Stephens, J., **Ellison, R. L.**, Nwafor, E., & Adam, E. K. (May, 2018). *Early to Bed, More Organized to Rise: Adolescent Bedtime and Executive Functioning (EF)*. Poster presented at the 30th American Psychological Society Annual Convention, San Francisco, CA.

Suffrin, R. L., Nass, K., La-Hood Olson, E., & Goya-Arce, A. (October, 2016). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Suffrin, R. L., Fields, E. E., Martin, R., Scott, M. N., & Hunter, S. J. (June, 2016). *Neuropsychological Assessment of a Pediatric Patient with Myelodysplastic Syndrome and Complicated Treatment Course*. Poster presented to the American Academic of Clinical Neuropsychology, Chicago, IL.

Suffrin, R. L. (November, 2015). *Overcoming challenges in assessing urban immersion programming for youth*. Poster presented at the American Evaluation Association, Chicago, IL.

Suffrin, R. L. & Nass, K. (October, 2015). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Greeson, M., McMahon, S., **Suffrin, R. L.**, Ruiz, L., Soibatian, C., Collins, K., Reaves, S., & McConnell, E. (November, 2015). *Priorities in teaching evaluation practice skills: A community psychology perspective*. Session presented at the American Evaluation Association, Chicago, IL.

Barnett, A., Horwath, J., **Suffrin, R. L.**, Duffy, S., & Grant, K. (March, 2015). The Cities Mentor Project: Connecting low-income youth with mentoring, coping skills, and protective settings. In A. McDonald (Chair) & P. Tolan (Discussant), *Coping, ethnic identity, and empowerment interventions building pathways to resilience at at-risk preadolescents*. Symposium presented at the Society for Research in Child Development (SRCD), Philadelphia, PA.

Suffrin, R. L., Curby, C., O'Donoghue, S., & Nass, K. (October, 2014). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Chavira, D., & **Suffrin, R. L.** (June, 2014). *Assessing mentor cultural competence: Initial exploratory factor analysis results*. Poster presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.

- Suffrin, R. L.,** Todd, N. R., & Sanchez, B. (June, 2014). Predicting mentor satisfaction from multicultural competence and understandings of inequality. In N. R. Todd (Chair), *Pathways to social justice understanding and action*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.
- McConnell, E. A., **Suffrin, R. L.,** Dalbey, K., & Chavira, D. (June, 2014). The process of evaluating a wilderness program for at-risk youth. In E. A. McConnell (Chair) & S. D. McMahon (Discussant), *Approaches to community evaluation for social change*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.
- Suffrin, R. L.,** McConnell, E. A., & Rose, J. (June, 2014). Assessing the impact on college student volunteers: An outcome evaluation. In E. A. McConnell (Chair) & S. D. McMahon (Discussant), *Approaches to community evaluation for social change*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.
- Suffrin, R. L.,** McConnell, E. A., Bauer, J., & Huizar, C. (June, 2014). Immersion experiences: The impact of social support on youth outcomes. In **R. L. Suffrin** (Chair) & E. M. Sterrett (Discussant), *Social support and well-being: The power of community*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.
- Suffrin, R. L.,** Pullen, R. W., & Ferrari, J. R., Roster, C. (June, 2014). *Psychological home: Finding comfort through possessions and place attachments*. Poster presented at DePaul University Psych Night, Chicago, IL.
- Girts, J., **Suffrin, R. L.,** Roster, C., & Ferrari, J. R. (March, 2014). *Procrastinators: Gender comparisons of people/thing orientations and clutter*. Poster presented at the Eastern Psychological Association, Boston, MA.
- Vaclavik, D., **Suffrin, R. L.,** Steltenpohl, S., Ferrari, J. R., Girts, J., Rizzo, M., Koziowski, C., & Gambino, B. (March, 2014). *Home and heart: New areas for community psychology*. Symposium presented at the Eastern Psychological Association, Boston, MA.
- Suffrin, R. L.,** McConnell, E. A., Bauer, J., & Huizar, C. (May, 2014). Results from a nationwide survey of immersion experiences. In E. A. McConnell (Chair) *Immersion experiences: Process, causal mechanisms, and positive outcomes*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.
- McConnell, E. A., **Suffrin, R. L.,** Chavira, D., & Adams, K. L. (May, 2014). Outward Bound FINS: The process of developing an immersion evaluation. In E. A. McConnell (Chair) *Immersion experiences: Process, causal mechanisms, and positive outcomes*. Symposium

presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., & McConnell, E. A. (May, 2014). Camp Kesem: Exploring the Positive Impact on College Student Volunteers. In E. A. McConnell (Chair) *Immersion Experiences: Process, causal mechanisms, and positive Outcomes*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., Pullen, R. W., Ferrari, J. R., & Roster, C. (May, 2014). Psychological home: Finding comfort through possessions and place attachments. In J. R. Ferrari (Chair) *Home and heart: New areas for community psychology*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., & Orth, R. (May, 2014). *College student extracurricular engagement and value formation: The impact of involvement on corporate social responsibility orientation*. Poster presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Gambino, B., **Suffrin, R. L.**, Girts, J., Pacyga, B., Ferrari, J., & Roster, C. (September, 2014; Invited talk). *Clutter and place attachment: A gender and demographic comparison of younger and older adults*. Presented as part of an interactive symposium as ICD Grant recipients at The Institute for Challenging Disorganization annual conference, Nashville, TN.

Girts, J., **Suffrin, R. L.**, Gambino, B., Pacyga, B., Ferrari, J., & Roster, C. (September, 2014; Invited talk). *Sense of psychological home: Clutter in intentional living communities*. Presented as part of an interactive symposium as ICD Grant recipients at The Institute for Challenging Disorganization annual conference, Nashville, TN.

Pacyga, B., **Suffrin, R. L.**, Girts, J., Gambino, B., Ferrari, J., & Roster, C. (September, 2014; Invited talk). *Exploratory factor analysis: The Clutter Quality of Life [CQL] Scale*. Presented as part of an interactive symposium as ICD Grant recipients at The Institute for Challenging Disorganization annual conference, Nashville, TN.

Todd, N. R., McConnell, E. A., & **Suffrin, R. L.** (March, 2014). The role of religious beliefs in White ally development. In P. O. Garriott (Chair) & W. E. Cross (Discussant), *Race traitors: Empirical investigations of White allies*. Symposium presented at the Counseling Psychology Conference, Atlanta, GA.

Suffrin, R. L., Gambino, B., Girts, J. A., & Ferrari, J. R. (November, 2013). *"I Remember It Well:" Perceptions of psychological home*. Poster presented at the Midwest Ecological-Community Psychology Conference, University of Illinois at Chicago, Chicago, IL

- Suffrin, R. L.,** Álvarez, R., & Nass, K. (October, 2013). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.
- Todd, N. R., Houston, J. D., & **Suffrin, R. L.** (June, 2013). Using hierarchical linear modeling to examine religious networking organizations as settings for empowerment. In N. R. Todd (Chair) & C. B. Keys (Discussant), *Methodological approaches to examining empowerment, power, and social justice*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.
- McConnell, E. A., Todd, N. R., & **Suffrin, R. L.** (June, 2013). Reflecting on White privilege: Strategies for engaging students in productive dialogue. In N. R. Todd (Chair) & S. Torres-Harding (Discussant), *The role of White privilege in diversity education, shaping social justice engagement, and mentoring activities*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.
- Suffrin, R. L.,** Todd, N. R., & Sanchez, B. (June, 2013). Predicting mentoring outcomes from understandings of racial privilege and structural disadvantage. In N. R. Todd (Chair) & S. R. Torres-Harding (Discussant), *The role of White privilege in diversity education, shaping social justice engagement, and mentoring activities*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.
- Todd, N. R., **Suffrin, R. L.,** & McConnell, E. A. (June, 2013). Intersections of Whiteness and Religion in Predicting Social Justice Interest and Commitment. In N. R. Todd (Chair), & S. Torres-Harding (Discussant), *The role of White privilege in diversity education, shaping social justice engagement, and mentoring activities*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.
- Suffrin, R. L.,** Todd, N. R., & Sanchez, B. (May, 2013). Team mentoring and positive youth mentor outcomes. In A. Mroczkowski (Chair), *Understanding the mentoring experiences and mentoring of urban, low-income adolescents*. Symposium presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.
- Suffrin, R. L.,** Orth, R., & Todd, N. (May, 2013). *Predicting openness to diversity in White religious college students*. Poster presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.
- Suffrin, R. L.,** Liao, L. C., McConnell, E. A., & Odahl, C. (May, 2013). In L. C. Liao (Chair), *Qualitative methods in graduate studies: Challenges and opportunities*. Roundtable presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., & McConnell, E. A., (May, 2013). In **R. L. Suffrin** (Chair), & C. Odahl and J. Houston (Discussants), *Discussion of youth immersion programs: Positive outcomes and research challenges*. Roundtable presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Todd, N. R., **Suffrin, R. L., & McConnell, E. A.** (May, 2013). In N. R. Todd (Chair) *Understanding how attitudes toward White privilege shapes social justice and mentoring activities*. Symposium presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L. (2011, October). *Center for Companies That Care*. Community agency presentation presented at 24th Annual Midwest Eco Conference, Chicago, IL.

Suffrin, R. L. (2011, August). Relationship between perceived sense of community in childhood and frequency and type of civic engagement in adulthood. In Olson, B. (Chair) *Influences of Seymour Sarason on modern-day research, practice, projects and settings*. Symposium presented at the annual American Psychological Association Conference, Washington, DC.

Suffrin, R. L., & Langeler, C. (2011, June). *Community research and action as a system: Evaluating the "Program in which we work."* Roundtable presented at the Society for Community Research and Action Biennial, Chicago, IL.

Suffrin, R. L., & Hartig, J. (2010, October). *An exploration of psychological sense of community in face-to-face and online grief support groups using observation and confirmatory factor analysis*. Roundtable presented at the Midwest Ecological-Community Psychology Conference, Urbana-Champaign, IL.

Suffrin, R. L., & Thomas, S. (2009). *Age is just a number: Empowering youth through civic engagement*. Poster presented at Northwestern University's Civic Engagement Certificate Program, Evanston, IL.

AWARDS AND HONORS

Outstanding Postdoctoral Fellow Travel Award	2019
National Academy of Neuropsychology (NAN)	
Chief Intern	2016-2017
Through the UCSD/VA Psychology Internship Program	
Grant Award	2015
The Society for the Psychological Study of Social Issues (SPSSI) Grant-in-Aid Program	
Mini-Grant	2014
Society for Community Research and Action (SCRA)	
Student Research Grant	2014
Institute for Challenging Disorganization (ICD)	

Mini-Grant Award DePaul University	2012-2014
Graduate Research Fund Award DePaul University	2013-2015
Poster Award SCRA/Midwestern Psychological Association (MPA)	2013
DUOS Fellowship Grant DePaul University	2012-2013
Vincentian Endowment Fund Grant DePaul University	2012-2014
APA Travel Award	2011
Order of Omega Greek Honor Society Northwestern University	2010
Greek Emerging Leaders Award Northwestern University	2008
Dean's List School of Education and Social Policy, Northwestern University	2006-2010
Academic All Big 10 Northwestern University Division 1 Cross Country Program	2007-2009
Jean and Theron Locke Memorial Fund Recipient Northwestern University Division 1 Cross Country Program	2007-2009

TEACHING EXPERIENCE

Cognitive and Affective Bases of Behavior (PSY 503) Illinois Institute for Technology	F2019; F2020
Introduction to Psychopathology (PSY 303) Illinois Institute for Technology	F2020
Connecting with Youth through Research, Advocacy, and Service DePaul University	2014-2015
<ul style="list-style-type: none"> Designed and taught a year-long, 300 level, service-learning course in which college student mentors worked with at-risk youth from the Chicago south side, as part of a RCT 	
Peer Health Exchange, Northwestern University	2010-2011
<ul style="list-style-type: none"> Taught nutrition and physical activity in Chicago Public High Schools that did not offer a formalized health curriculum for their students 	

Invited Speaker/Guest Lecturer

Ellison, R. L. (11/5/2019). *Neuropsychology*. Guest Lecture given at PSY 409 at Illinois Institute of Technology, Chicago, IL.

Ellison, R. L. (2018, 2019). *Guest Lecture*. Lectures given in doctoral grant writing course at DePaul University, Chicago, IL.

Ellison, R. L. (2019). *Case Presentation: Amnestic episodes, REM sleep disorder, suicidal somnambulism, hyperthermia, and cognition*. Presentation given at the Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2019). *First Aid First: Traumatic Brain Injury (TBI), Concussions, and Strokes*. Presentation given at the Family Empowerment Network (FEN) series, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017, 2018). *Understanding the Aging Brain*. Presentation given at the Caring for the Aging Brain workshop series, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017, 2018). *The Cerebellum*. Presentation given at in Neuroanatomy series in Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2018). *Cranial Nerves*. Presentation given at in Neuroanatomy series in Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017). *HIV and Neuropsychology*. Presentation given for Continuing Education (CE) credits for World AIDS Day, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017). *Understanding the Aging Brain*. Presentation given at the Educational Workshop sponsored by Edward Hines Jr. VA Hospital, at the Veterans of Foreign Wars (VFW), Naperville, IL.

Ellison, R. L. (2017, 2018). *Cognitive Rehabilitation*. Presentation given at the Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Suffrin, R. L. (2017). *Cognitive Rehabilitation*. Presentation at the Clinical Psychology Internship Seminar Series, VA San Diego Healthcare System, San Diego, CA.

Suffrin, R. L. (2017). *Complications and Considerations in PTSD Treatment*. Presentation given at the PTSD Seminar Series, VA San Diego Healthcare System, San Diego, CA.

Suffrin, R. L. (2016). *Guest Lecture*. Lecture given in Introductory Psychology II course, DePaul University, Chicago, IL

Suffrin, R. L. (2016). *Neurocognitive Effects of Eating Disorders*. Presentation given at the Pediatric Clinical Neuroscience Seminar Series, University of Chicago Neuropsychology Program, Chicago, IL.

Suffrin, R. L. (2016). *Neurocognitive and Behavioral Effects of Diabetes*. Presentation given at the Pediatric Clinical Neuroscience Seminar Series, University of Chicago Neuropsychology Program, Chicago, IL.

Suffrin, R. L. (2015). *Learning and Memory*. Presentation given at the Pediatric Clinical Neuroscience Seminar Series, University of Chicago Neuropsychology Program, Chicago, IL.

Suffrin, R. L. (2015). *Differential Diagnosis of GAD vs. OCD (vs. ADHD)*. Presentation given at the University of Illinois Chicago Adult Neuropsychology Clinical Case Conference Series, Chicago, IL.

Suffrin, R. L. (2014). *Guest Lecture*. Lecture given in Alcoholism, Drug Addiction & Recovery course, DePaul University, Chicago, IL.

Suffrin, R. L. (2013). *Guest Speaker*. Talk given at Clinical Psychology Doctoral Thesis Seminar, DePaul University, Chicago, IL.

Teaching Assistant

Alcoholism, Drug Addiction & Recovery, DePaul University	2014
Introduction to Psychology, DePaul University	2012-2013
History and Systems of Psychology, DePaul University	2012
Personality Psychology, DePaul University	2011
Introduction to Community Development, Northwestern University	2010
Global Engagement Summer Institute (GESI), Northwestern University	2010

Dialogue Facilitator, Etgar 36 2010

- Engaged high school students on a civic engagement summer immersion in discussions on controversial social and political issues

SUPERVISION EXPERIENCE

Clinical Supervisor, Post-Doctoral Fellowship in Clinical Neuropsychology 2017-2019
Edward Hines, Jr. VA Hospital, Hines, IL

- Supervise neuropsychology externs on clinical testing cases
- Supervised the neuropsychology intern through TBI Survivor's Network group

Research Supervisor and Mentor, DePaul University 2011-2016

- Directly supervised multiple graduate and undergraduate students for academic credit and as volunteers across multiple research studies
- Formally supervised an undergraduate student through the DePaul DUOS program

Course Instructor and Mentor Team Leader 2014-2015
Cities Mentor Project, DePaul University

- Supervised 2 teaching assistants, 6 clinical supervisors, 30 mentors and 30 mentees at 3 partner schools in the Englewood/Auburn Gresham communities in Chicago's south side as part of a clinical intervention

SELECTED COMMUNITY EXPERIENCE

Camp Kesem 2010-present

About: Kesem is a nationwide community, driven by passionate college student leaders, that supports children through and beyond their parent's cancer. They are the largest national organization dedicated to this unique population – supporting children with innovative, fun-filled programs that foster a lasting community. Camp Kesem is a free overnight camp for children 6-16 whose parents have/had cancer, run and organized entirely by college students

Camp Kesem Mental Health Provider Panel Member 2016-2018

Camp Advisor Panel Member 2016

Camp Kesem National Alumni Leadership Board 2014-2016

Mental Health Professional, Camp Kesem Northwestern University Chapter 2016

Camp Kesem National Legacy Circle Board 2013-2014

Camp Kesem Chicago Alumni Board 2012-2013

Camp Kesem Northwestern (CKNU) Advisory Board member 2010-Present

Camp Advisor 2010-2013

University of Richmond, Arizona State University, University of California Davis, Notre Dame University

Immersion Trip Leader, VIA Service Immersion Alternative Break Program, DePaul University

- Staffed a week-long service immersion trip for DePaul University undergraduates to facilitate group discussions pre-trip and during the immersion experience, managed logistics and crisis management

Washington, D.C. 2012-2013

- Explored systemic factors related to issues of homelessness

New York, NY 2011-2012

- Explored educational disparities in the urban education system

Center for Companies That Care, Chicago, IL 2010-2011

AIM High Mentoring Program Staff

- Designed and implemented a curriculum focused on college readiness and workplace skills, for a community initiative for minority, low-income high school students as part of a mentoring program
- Gathered data from partnering schools for weekly tracking of mentee's school progress
- Coordinated Center for Talent Development High School's weekly afterschool
- Coordinated and staffed monthly events for mentors, mentees and mentees' families
- Staffed summer college bus tour for mentees

Junior Board President

- Developed, organized, and ran the first Junior Board to engage young professionals

Senior Program Associate

- Helped promote CSR by working to engage employers in social sustainability
- Increased employer involvement by recruiting companies to the Honor Roll and Community of Caring
- Provided critical feedback to employers through a statistical analysis of data from companies' employee surveys to help better the lives of employees
- Helped research and coordinate the development of new programs and initiatives
- Worked on major fundraising events
- Recruited, trained and supervised staff and interns

PROFESSIONAL SERVICE**Department Service**

Lewis College Undergraduate Research Day Judge, IIT 5/2020

Committees

Lewis College, Dean's Institutional Racism committee Present
 "Planning for Fall" COVID-19 reopening committee member for Lewis College 5/2020-8/2020
 Psychology Student Work Load Committee, DePaul University 2013-2015
Vice-Chair, Psychology Graduate Student Association (GSA), DePaul University 2013-2014

University Service

IIT Campus Judicial Board 9/2019-Present

Service to the Field**Committees**

Chair, American Psychological Association (APA) Society for Clinical Neuropsychology (Division 40) Public Interest Advisory Committee (PIAC) Women in Neuropsychology (WIN) Subcommittee Present-2023
Student Editor, SPSSI's publication *The Forward* 2013-2014
 Committee Member, SPSSI Graduate Student Committee 2013-2014
 3rd National Faith, Justice and Civic Learning (NFJCL) Conference Advisory Committee 2013
 DePaul University Clinical/Community Doctoral Psychology student representative 2011-2013

Journal Reviewer

International Journal of Mental Health and Addiction 2017, 2018

Grant Reviewer

Society for the Society for Community Research and Action (SCRA) 2016-2018
 Community Education Program (CEP) Mini Grants

Conference Proposal Reviewer

Society for the Psychological Study of Social Issues (SPSSI) Annual Conference 2015-2018

SPSSI track of 2017 APA Convention	2014, 2016, 2017
American Evaluation Association (AEA) Annual/Biennial Conference	2014, 2015
SCRA Biennial Conference	2013, 2015
AEA 28 th Annual Conference	2014

Service to the Community

Committees

Alumni Admission Council , Northwestern University	2011- Present
Camp Kesem Northwestern Advisory Board member	2010- Present
Camp Kesem Mental Health Provider Panel Member	2016-2018
Camp Kesem Camp Advisor Panel Member	2016
Camp Kesem National Alumni Leadership Board	2014-2016
Camp Kesem National Legacy Circle Board	2013-2014
Camp Kesem Chicago Alumni Board	2012-2013

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)
 Society for Community Research and Action (SCRA; APA Division 27)
 Society for Clinical Neuropsychology (SCN; APA Division 40)
 The American Academy of Clinical Neuropsychology (AACN)
 International Neuropsychological Society (INS)
 National Academy of Neuropsychology (NAN)
 Midwestern Psychological Association (MPA)
 The Society for the Psychological Study of Social Issues (SPSSI)
 Psychologists for Social Responsibility