

Good for Your Health and Your Wallet

Livongo helps you stay on top of your health. Join today and get an easy-to-use blood glucose meter, personalized guidance, on-demand coaching, an easy-to-use app, and more.

The program is provided to you and your family members with diabetes and coverage through Blue Cross and Blue Shield of Illinois (BCBSIL).



Advanced Technology & Unlimited Strips

Your Livongo blood glucose meter gives you a personalized tip after each check. Plus, order unlimited refills of strips and lancets straight from your meter.

Expert Health Coaching

Our expert coaches can help create a custom plan that fits your lifestyle. Get advice on blood sugar, healthy eating, exercise, weight loss, and more.

GET STARTED



Register at join.livongo.com/ILHEALTH/register or call **(800) 945-4355** with code: **ILHEALTH**

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al (800) 945-4355 o visite bienvenido.livongo.com/ILHEALTH.

Members must have primary insurance coverage through the Blue Cross and Blue Shield of Illinois (BCBSIL) plan offering the Livongo program. For Administrative Services Only (ASO) and Preferred Provider Organizations (PPO) only. Not available for Fully Insured (FI) or Health Maintenance Organizations (HMO).

The Simpler Way To A Healthier You

An advanced blood glucose meter and blood pressure monitor, plus the support you need, 100% paid for by your employer.



Join Livongo and you'll get:



Advanced devices to monitor your blood pressure and blood sugar



Automatic uploads mean no more logbooks



Real-time support from coaches when you need it



Summary reports you can send your doctor



Personalized tips and articles picked just for you



Optional family alerts to keep everyone in the loop



Unlimited strips.
Unlimited inspiration.
It's all free for you.

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Use registration code: **ILHEALTH**

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Programs include trends and support on your secure Livongo account and mobile app but does not include a phone or tablet.

You must have an iPhone or Android smartphone and install the Livongo app to participate in the Livongo for Hypertension Program.

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