

Rachael L. Ellison (Suffrin), Ph.D.

CURRICULUM VITA

rellison1@iit.edu

CURRENT POSITIONS

- 08/2019-Present **Assistant Professor (tenure track)** www.iit.edu/directory/people/rachael-ellison
Illinois Institute of Technology (IIT) Department of Psychology
Socially Conscious Lab www.rachaelellisonphd.com/sociallyconsciouslab
- 08/2021-Present Associate Director of Clinical Training (DCT) / Practicum Coordinator
- 10/2019-Present **Clinical Neuropsychologist** www.rachaelellisonphd.com
Chicago Neuropsychology Group with Dr. Robert Heilbronner, Ph.D., ABPP-CN
- Present-2023 **Women in Neuropsychology (WIN) Chair** <https://scn40.org/win/>
American Psychological Association (APA) Society for Clinical Neuropsychology (SCN;
Division 40) Committee
- 11/2019-Present **Medical Staff Psychologist, WOC**
Edward Hines Jr., VA Hospital, Hines, IL
- 09/2019-Present **Research Appointment, WOC**
Edward Hines Jr., VA Hospital, Hines, IL
- 8/2021-Present **Northwestern University Council of 100**
Council Member *membership by invitation only*
<https://www.alumni.northwestern.edu/s/1479/02-naa/16/interior.aspx?sid=1479&gid=2&pgid=28462>

LICENSURE

- 11/2018-Present Licensed Clinical Psychologist, IL License #071.009905
2018 VA Cognitive Processing Therapy (CPT) provider

EDUCATION

- 2017-2019 **APA Specialty Accredited Post-Doctoral Fellowship in Clinical Neuropsychology**
Edward Hines, Jr. VA Hospital, Hines, IL
Major Rotations: TBI/Polytrauma, Inpatient, & Outpatient Neuropsychology Clinics
Minor Rotations: (See clinical experiences)
- 2016-2017 **APA Accredited Psychology Clinical Internship (Neuropsychology Emphasis)**
University of California San Diego (UCSD)/ VA San Diego Healthcare System
San Diego, CA
Rotations: TBI/Cognitive Rehabilitation, Neuropsychological Assessment Unit, PTSD

V8/10/2021

Rachael L. Ellison

Chief Intern

- 2011-2017 **APA Accredited Ph.D. in Clinical/Community Psychology**
DePaul University, Chicago, IL
- 2014 **APA Accredited Masters in Clinical/Community Psychology**
DePaul University, Chicago, IL
- 2010-2011 **Northwestern University Public Interest Program Fellow**
Center for Companies That Care, Chicago, IL
- 2006-2010 **Bachelors of Science, Northwestern University, Evanston, IL**
Double Major: Human Development and Psychological Services; Psychology
Certificate Program: Certificate in Civic Engagement
School of Education and Social Policy (SESP) Dean's List

PUBLICATIONS

Peer Reviewed Journal Publications

- VanLandingham, H., **Ellison, R. L.**, Laique, A., Cladek, A., Khan, H., Gonzalez, C., & Dunn, M. R. (in press). A scoping review of stereotype threat for BIPOC: Cognitive effects and intervention strategies for the field of neuropsychology. *The Clinical Neuropsychologist*. doi.org/10.1080/13854046.2021.1947388
- Stika, M. M., Riordan, P., Aaronson, A. A., Herrold, A. A., **Ellison, R. L.**, Kletzel, S., Drzewiecki, M., Evans, C. T., Mallinson, T., High, W. M., Babcock-Parziale, J., Urban, A., Bender Pape, T. L., & Smith, B. (2021). Cognition and other predictors of functional disability among Veterans with mild traumatic brain injury and post-traumatic stress disorder. *Journal of Head Trauma Rehabilitation, 36*(1), 44-55. doi: 10.1097/HTR.0000000000000611
- Ellison, R. L.**, Cory, M., Horwath, J., Barnett, A., & Huppert, E. (2020). Can mentor organizations impact mentor outcomes? Assessing organizational norms on mentor intent to stay and willingness to 'go the extra mile'. *Journal of Community Psychology, 48*(7), 2208-2220. doi:10.1002/jcop.22391
- Ellison, R. L.**, Todd, N. R., Orth, R. D., & McConnell, E. A. (2019). Openness to diversity and White privilege awareness: The moderating role of gender for White Christian students. *Journal of College Student Development, 60*(5), 563-576. [doi:10.1353/csd.2019.0050](https://doi.org/10.1353/csd.2019.0050)
- Ellison, R. L.** (2018). Corporate social responsibility (CSR) and prospective employment decisions: Exploring social change through college students. *Journal of College and Character, 19*(4), 275-291. doi:10.1080/2194587X.2018.1517648
- Ellison, R. L.**, & Stika, M. (Winter, 2018). Feedback on invalid neuropsychological testing: Mild traumatic brain injury (mTBI). *Journal of Health Service Psychology, 44*(1), 19-23.

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- Todd, N. R., Boeh, B. A., Houston-Kolnik, J. D., & **Suffrin, R. L.** (2017). Interfaith groups as mediating structures for political participation: A multilevel analysis. *American Journal of Community Psychology, 59*(1-2), 106-119. doi:10.1002/ajcp.12121
- Todd, N. R., Houston-Kolnik, J. D., & **Suffrin, R. L.** (2017). Understanding community issues of interfaith groups. *Journal of Community Psychology, 45*(2), 160-177. doi:10.1002/jcop.21840
- Suffrin, R. L.**, Todd, N. R., & Sanchez, B. (2016). An ecological perspective of mentor satisfaction with their youth mentoring relationships. *Journal of Community Psychology, 44*(5), 553-568. doi.org/10.1002/jcop.21785
- Todd, N. R., Houston, J. D., & **Suffrin, R. L.** (2015). Applying affiliation social network analysis to understand interfaith groups. *Psychosocial Intervention, 24*(3), 147-154. doi:10.1016/j.psi.2015.07.007
- Todd, N. R., **Suffrin, R. L.**, McConnell, E. A., & Odahl-Ruan, C. A. (2015, March 25). Understanding associations between religious beliefs and White privilege attitudes. *Sociological Perspectives, 58*(4), 649-665. doi:10.1177/0731121415572689
- Todd, N. R., McConnell, E. A., & **Suffrin, R. L.** (2014). The role of attitudes toward White privilege and religious beliefs in predicting social justice interest and commitment. *American Journal of Community Psychology, 53*, 109-121. doi:10.1007/s10464-014-9630-x
- Suffrin, R. L.** (Spring, 2013). Case study: The sewing cooperative: Generating resources by increasing production efficiency: Argentina (GRIPE A). *The International Undergraduate Journal for Service-Learning, Leadership and Social Change*.

Books & Book Chapters

- Ellison, R. L.** (2020). Goodnight COVID-19: A pandemic parody edition (K. Bradford, Illus.). Brain & Behavior LLC. https://www.amazon.com/dp/B08B2F8CVW/ref=sr_1_1?keywords=goodnight+covid&qid=1591900866&sr=8-1
- Koocher, G. P., & **Suffrin, R. L.** (2017). Common Ethical Transgressions by Private Practitioners. In S. Walfish, J. Zimmerman, & J. E. Barnett (Eds.). *The Handbook of Private Practice*. New York: Oxford University Press.

Manuscripts under Review

- Bozeman III, J. F., **Ellison, R. L.**, VanLandingham, H., & Theis, T. L (under review). Strengthening equity and community resilience in the United States: A systematic review of existing federal food policy [Manuscript submitted for publication].
- Lindsey, A., **Ellison, R. L.**, Herrold, A. A., Aaronson, A. L., Kletzel, S. L., Stika, M., Guernon, A., & Bender Pape., T. (under review). rTMS/iTBS and cognitive rehabilitation: A theoretical framework and review examining

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paired treatment to remediate deficits associated with TBI and PTSD [Manuscript submitted for publication].

Media Coverage

- Arkin, M. (2020, August 17). Rachael Ellison on racism and cognitive functioning, challenging political conversations, and how mentoring programs affect mentors. Chronic of Evidence-Based Mentoring. Retrieved from <https://www.evidencebasedmentoring.org/rachael-ellison-on-virtual-minority-stress-emotional-regulation-and-how-mentoring-programs-affect-mentors/>
- Arkin, M. (2020, August 03). Mentoring organizations impact mentors, too [Summary of Ellison, R. L., Cory, M., Horwath, J., Barnett, A., & Huppert, E. (2020). Can mentor organizations impact mentor outcomes? Assessing organizational norms on mentor intent to stay and willingness to “go the extra mile.” *Journal of Community Psychology*. <https://doi.org/10.1002/jcop.22391>]. Chronic of Evidence-Based Mentoring. Retrieved from <https://www.evidencebasedmentoring.org/mentoring-organizations-impact-mentors-too/>
- Azoulay, B. (2020, July 6). Talk to your kids about COVID-19 with the help of these lovely children’s books. sheknows. URL: <https://www.sheknows.com/parenting/slideshow/2233335/coronavirus-kids-books/3/>
- Maughan, L. (2020, June 18). Assistant professor publishes children’s book on COVID-19 pandemic. Illinois Tech News. URL: <https://www.iit.edu/news/assistant-psychology-professor-publishes-childrens-book-covid-19-pandemic>
- Preston, J. (2017, March 14). New research takes an ecological perspective of mentor satisfaction [Summary of **Suffrin, R.**, Todd, N. & Sanchez, B. (2016). An ecological perspective of mentor satisfaction with their youth mentoring relationships. *Journal of Community Psychology*, 44(5), 553-568. DOI: 10.1002/jcop.21785]. Chronic of Evidence-Based Mentoring. Retrieved from [http://chronicle.umbmentoring.org/new-research-takes-ecological-perspective-mentor-satisfaction/?ct=t\(March_15_20173_15_2017\)&mc_cid=e69248c164&mc_eid=8c72bf835d](http://chronicle.umbmentoring.org/new-research-takes-ecological-perspective-mentor-satisfaction/?ct=t(March_15_20173_15_2017)&mc_cid=e69248c164&mc_eid=8c72bf835d)
- Technical Reports and Other Publications**
- Dunn, M. R., Cladek, A., Khan, H., VanLandingham, H., Gonzalez, C., Matthews, E., & Novak, N., & **Ellison, R. L.** (Fall 2020). Dismantling systemic racism in the context of the COVID-19 pandemic: A pilot intervention for mental health professionals. *The Community Psychologist* 53(4), 18-24. <https://www.scra27.org/publications/tcp/tcp-past-issues/tcpfall2020/special-feature-racial-capitalism-covid-19-and-compounding-inequalities/>
- Hoffnung, D. S. (Winter/Spring, 2021). Feature article: Women in neuropsychology: Where things stand. Interview with current chairs of WIN (**Dr. Rachael Ellison**) and WIL (Dr. Nyaz Didehbani). *The Society for Clinical Neuropsychology, Division 40 of the American Psychological Association Newsletter*.
- Ellison, R. L.** (2019). Teach the children well: Social justice in college predicts preference for socially responsible jobs. *Society for Community Research and Action, Children, Youth and Families, Mental*

Health section online publication. URL: <https://www.communitypsychology.com/teach-socially-responsible-jobs/>

Stephens, J. E., **Ellison, R. L.**, Nwafor, E. N., & Adam, E. K. (2019). Early to bed, more organized to rise? Preliminary evidence shows that an earlier bed time may be beneficial for teens' cognitive functioning. *Society for Community Research and Action, Children, Youth and Families, Mental Health section online publication.* URL: <https://www.communitypsychology.com/early-to-bed-more-organized-to-rise/>

Ellison, R. L. (May, 2018). A community psychologist at heart: The value of a foundation in community psychology. *Community Practice Bulletin, Society for Community Research and Action.*

Suffrin, R. L. (2016). Br. David Darst Center: Assessment of the Urban Immersion Retreat Program. The Brother David Darst Center, Chicago, IL.

Suffrin, R. L. (2016). SCRA Community Mini-Grant spotlight: Youth immersion experiences. *Global Journal of Community Psychology Practice.*

Suffrin, R. L., Nass, K. & La-Hood Olson, E. (2016). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., & Nass, K. (2015). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., Sanchez, B., & O'Leary, A. (2014). An outcome evaluation of student involvement in Camp Kesem. Camp Kesem Nationals.

Suffrin, R. L., Curby, C., Nass, K., & O'Donoghue, S. (2014). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., Ryan, A., & Judge, T. (2014). Office of Religious Diversity Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., Álvarez, R., & Nass, K. (2013). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

CONFERENCE PRESENTATIONS

Gonzalez, C., Chapman, S., Turney, I. C., Lao, P. L., Garriga, S. M., Avila-Reiger, J., VanLandingham, H. B., **Ellison, R. L.**, Gutierrez, J., Morales, C., Amarante, E., Cosentino, S., Brickman, A. M., Mayeux, R., Manly, J. J. (February, 2021; pending review). *Vascular contributions to subjective cognitive decline in a multiracial community cohort* [submitted poster]. Submitted to the International Neuropsychological Society 50th North American Annual Meeting, New Orleans, LA.

Laique, A., Reife, I., VanLandingham, H., M. A., Gonzalez, C., Cladek, A., Cherry, J., & **Ellison, R. L.** (February, 2021; pending review). *Neurocognitive profile of a pediatric patient with chronic bilirubin*

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encephalopathy [Submitted case study]. Submitted to The International Neuropsychological Society 50th North American Annual Meeting, New Orleans, LA.

Reyes, A., Nguyen, A., Anderson, K. M., & Diaz-Santos, M. (August, 2021). In **R. L. Ellison** (Chair) *Mentorship and Sponsorship of BIPOC Women/Non- Binary Gender Neuropsychology Trainees* [Symposium for CE credits]. Division 40 at the American Psychological Association Virtual Convention, online.

Ellison, R. L., Ready, R., Grande, L., Macdonald Wer, B., Rapport, L., & Williams, M. (2021, August 12-14). In S. Singh (Chair) *Virtual Teaching and Supervision of Neuropsychological Assessment* [Invited panel member for symposium]. Division 40 at the American Psychological Association Virtual Convention, online.

Ellison, R. L., Rhoads, T., Tran, S., Vanden Bussche Jantz, A. B., Nguyen, A., Bradshaw, K. R., & Krishman, K. (April, 28, 2021). In S. Cooper, J. Dixon, E. Morris, and K. Steward (Chairs) *ECNPC/EMA/WIN Jobs Workshop: Clinical Jobs, Focus on Barriers often Faced by Historically Marginalized Groups*. Invited panel member for The Society for Clinical Neuropsychology online workshop.

Wisinger, A. M., Stika, M. M., Gonzalez, C., Cladek, A., **Ellison, R. L.**, Riordan, P., Herrold, A., Kletzel, S., Aaronson, A., Lindsey, A., Pape, T., & Smith, B. (under review). *Predictors of Cognitive Functioning Among Veterans with Mild Traumatic Brain Injury*. American Congress of Rehabilitation Medicine (ACRM) 98th Annual Conference, Houston, TX.

Ellison, R. L., Laique, A., Gonzalez, C., Khan, H., & VanLandingham, H. (invited virtual talk, March 25, 2021). Multicultural considerations in neuropsychology: Applications to research and clinical work. Invited talk for Marian University, Online.

Ellison, R. L., Gonzalez, C., Laique, A., Shack, A., & VanLandingham, H. (invited virtual talk, March 11, 2021). *Multicultural Neuropsychology*. Invited talk for Illinois Institute of Technology's Clinical Psychology Doctoral Program Colloquium, Online.

VanLandingham, H., Gonzalez, C., **Ellison, R.**, Lindsey, A., Aaronson, A., Kletzel, S., Gueronon, A., Stika, M., Herrold, A., & Bender Pape, T. (February 2-5, 2021). *Pairing Neurostimulation and Cognitive Intervention: A Theoretical Framework for Treatment of Co-Occurring TBI and PTSD*. Poster presented at International Neuropsychological Society Annual Conference, Online.

Cladek, A., VanLandingham, H., Dani, A., **Ellison, R. L.**, Riordan, P., Drzewiecki, M. (December 6, 2020). *Hypothesized Neurocognitive Sequela of Mild-Moderate COVID-19: A Review*. Poster presented at KnowNeuropsychology Virtual Poster Session, Online.

Khan, H., & **Ellison, R.** (Accepted for June, 2020; Conference canceled due to COVID-19; Presented March, 2021). *Craniotomy of the Left Frontal Lobe: A Case Study of Longitudinal Neuropsychological Assessments*. Poster accepted for 2020 American Academy of Clinical Neuropsychology, Washington, D.C.; Presented at online at 2021 American Academy of Clinical Neuropsychology Conference.

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Nwafor, E., Collier-Villaume, S. E., Stephens, J., **Ellison, R. L.**, Ehrhardt, A. D., & Adam, E. K. (Accepted for May, 2020; Conference canceled due to COVID-19). Sleep as a Potential Mediating Factor Between Racial Discrimination and Executive Functioning. In *Racial Discrimination and Youths' Physiological and Biological Processes* paper symposium accepted for SRCO 2020 Special Topic Meeting: *Construction of the 'Other': Development, Consequences, and Applied Implications of Prejudice and Discrimination*, Rio Grande, Puerto Rico, USA.

Ellison, R. L., Stika, M., Riordan, P., Herrold, A. A., Smith, B., Drzewiecki, M., Kletzel, S., Aaronson, A., & Pape, T. (February, 2020). *Blast Versus Blunt-Force: Mechanism of Traumatic Brain Injury and Cognitive Outcomes in OEF/OIF Veterans*. Poster presented at the International Neuropsychology Society (INS) 2020 Annual Meeting, Denver, CO.

Ellison, R. L. & Urban, A. (invited talk, July, 2019). *TBI Survivor's Network: Veterans with TBI requiring "lifelong" follow-up*. Invited talk for the U.S. Department of Veterans Affairs VISN 12 Polytrauma/TBI Conference, Hines, IL.

Ellison, R. L. & Urban, A. (invited talk, July, 2019). *Chronic Traumatic Encephalopathy (CTE)*. Invited talk for the U.S. Department of Veterans Affairs VISN 12 Polytrauma/TBI Conference, Hines, IL.

Ellison, R. L., Stephens, J., Nwafor, E., Adam, E., & Grant, K. (June, 2019). *Stress and the Teenage Brain: The Impact of Daily Stressors on Adolescent Cognition*. Poster presented at the American Academy of Clinical Neuropsychology (AACN) 2019 Conference, Chicago, IL.

Ellison, R. L., Day, A., Khan, A., Lennon, J., Pape, T., & Herrold, A. A. (April, 2019). *Relationships between Alcohol Use Disorder symptoms and executive functioning*. Poster presented at the Midwest Psychological Association (MPA) 2019 Annual Meeting, Chicago, IL.

Nwafor, E., Stephens, J., **Ellison, R. L.**, Hitner, E., Adam, E. K., & Umaña-Taylor, A. (March, 2019). *Perceived Experiences of Racial Discrimination Associated with Poorer Adolescent Executive Functioning*. Poster presented at the Society for Research in Child Development (SRCO) 2019 Biennial Meeting, Baltimore, MD.

Stephens, J., **Ellison, R. L.**, Nwafor, E., & Adam, E. K. (May, 2018). *Early to Bed, More Organized to Rise: Adolescent Bedtime and Executive Functioning (EF)*. Poster presented at the 30th American Psychological Society Annual Convention, San Francisco, CA.

Suffrin, R. L., Nass, K., La-Hood Olson, E., & Goya-Arce, A. (October, 2016). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Suffrin, R. L., Fields, E. E., Martin, R., Scott, M. N., & Hunter, S. J. (June, 2016). *Neuropsychological Assessment of a Pediatric Patient with Myelodysplastic Syndrome and Complicated Treatment Course*. Poster presented to the American Academic of Clinical Neuropsychology, Chicago, IL.

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Suffrin, R. L. (November, 2015). *Overcoming challenges in assessing urban immersion programming for youth*. Poster presented at the American Evaluation Association, Chicago, IL.

Suffrin, R. L. & Nass, K. (October, 2015). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Greeson, M., McMahon, S., **Suffrin, R. L.**, Ruiz, L., Soibatian, C., Collins, K., Reaves, S., & McConnell, E. (November, 2015). *Priorities in teaching evaluation practice skills: A community psychology perspective*. Session presented at the American Evaluation Association, Chicago, IL.

Barnett, A., Horwath, J., **Suffrin, R. L.**, Duffy, S., & Grant, K. (March, 2015). The Cities Mentor Project: Connecting low-income youth with mentoring, coping skills, and protective settings. In A. McDonald (Chair) & P. Tolan (Discussant), *Coping, ethnic identity, and empowerment interventions building pathways to resilience at at-risk preadolescents*. Symposium presented at the Society for Research in Child Development (SRCD), Philadelphia, PA.

Suffrin, R. L., Curby, C., O'Donoghue, S., & Nass, K. (October, 2014). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Chavira, D., & **Suffrin, R. L.** (June, 2014). *Assessing mentor cultural competence: Initial exploratory factor analysis results*. Poster presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.

Suffrin, R. L., Todd, N. R., & Sanchez, B. (June, 2014). Predicting mentor satisfaction from multicultural competence and understandings of inequality. In N. R. Todd (Chair), *Pathways to social justice understanding and action*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.

McConnell, E. A., **Suffrin, R. L.**, Dalbey, K., & Chavira, D. (June, 2014). The process of evaluating a wilderness program for at-risk youth. In E. A. McConnell (Chair) & S. D. McMahon (Discussant), *Approaches to community evaluation for social change*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.

Suffrin, R. L., McConnell, E. A., & Rose, J. (June, 2014). Assessing the impact on college student volunteers: An outcome evaluation. In E. A. McConnell (Chair) & S. D. McMahon (Discussant), *Approaches to community evaluation for social change*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.

Suffrin, R. L., McConnell, E. A., Bauer, J., & Huizar, C. (June, 2014). Immersion experiences: The impact of social support on youth outcomes. In **R. L. Suffrin** (Chair) & E. M. Sterrett (Discussant), *Social support and well-being: The power of community*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.

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Suffrin, R. L., Pullen, R. W., & Ferrari, J. R., Roster, C. (June, 2014). *Psychological home: Finding comfort through possessions and place attachments*. Poster presented at DePaul University Psych Night, Chicago, IL.

Girts, J., **Suffrin, R. L., Roster, C., & Ferrari, J. R.** (March, 2014). *Procrastinators: Gender comparisons of people/thing orientations and clutter*. Poster presented at the Eastern Psychological Association, Boston, MA.

Vaclavik, D., **Suffrin, R. L., Steltenpohl, S., Ferrari, J. R., Girts, J., Rizzo, M., Koziowski, C., & Gambino, B.** (March, 2014). *Home and heart: New areas for community psychology*. Symposium presented at the Eastern Psychological Association, Boston, MA.

Suffrin, R. L., McConnell, E. A., Bauer, J., & Huizar, C. (May, 2014). Results from a nationwide survey of immersion experiences. In E. A. McConnell (Chair) *Immersion experiences: Process, causal mechanisms, and positive outcomes*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

McConnell, E. A., **Suffrin, R. L., Chavira, D., & Adams, K. L.** (May, 2014). Outward Bound FINS: The process of developing an immersion evaluation. In E. A. McConnell (Chair) *Immersion experiences: Process, causal mechanisms, and positive outcomes*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., & McConnell, E. A. (May, 2014). Camp Kesem: Exploring the Positive Impact on College Student Volunteers. In E. A. McConnell (Chair) *Immersion Experiences: Process, causal mechanisms, and positive Outcomes*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., Pullen, R. W., Ferrari, J. R., & Roster, C. (May, 2014). Psychological home: Finding comfort through possessions and place attachments. In J. R. Ferrari (Chair) *Home and heart: New areas for community psychology*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., & Orth, R. (May, 2014). *College student extracurricular engagement and value formation: The impact of involvement on corporate social responsibility orientation*. Poster presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Gambino, B., **Suffrin, R. L., Girts, J., Pacyga, B., Ferrari, J., & Roster, C.** (September, 2014; Invited talk). *Clutter and place attachment: A gender and demographic comparison of younger and older adults*. Presented as part of an interactive symposium as ICD Grant recipients at The Institute for Challenging Disorganization annual conference, Nashville, TN.

Girts, J., **Suffrin, R. L., Gambino, B., Pacyga, B., Ferrari, J., & Roster, C.** (September, 2014; Invited talk). *Sense of psychological home: Clutter in intentional living communities*. Presented as part of an interactive symposium as ICD Grant recipients at The Institute for Challenging Disorganization annual conference, Nashville, TN.

- Pacyga, B., **Suffrin, R. L.**, Girts, J., Gambino, B., Ferrari, J., & Roster, C. (September, 2014; Invited talk). *Exploratory factor analysis: The Clutter Quality of Life [CQL] Scale*. Presented as part of an interactive symposium as ICD Grant recipients at The Institute for Challenging Disorganization annual conference, Nashville, TN.
- Todd, N. R., McConnell, E. A., & **Suffrin, R. L.** (March, 2014). The role of religious beliefs in White ally development. In P. O. Garriott (Chair) & W. E. Cross (Discussant), *Race traitors: Empirical investigations of White allies*. Symposium presented at the Counseling Psychology Conference, Atlanta, GA.
- Suffrin, R. L.**, Gambino, B., Girts, J. A., & Ferrari, J. R. (November, 2013). *"I Remember It Well:" Perceptions of psychological home*. Poster presented at the Midwest Ecological-Community Psychology Conference, University of Illinois at Chicago, Chicago, IL
- Suffrin, R. L.**, Álvarez, R., & Nass, K. (October, 2013). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.
- Todd, N. R., Houston, J. D., & **Suffrin, R. L.** (June, 2013). Using hierarchical linear modeling to examine religious networking organizations as settings for empowerment. In N. R. Todd (Chair) & C. B. Keys (Discussant), *Methodological approaches to examining empowerment, power, and social justice*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.
- McConnell, E. A., Todd, N. R., & **Suffrin, R. L.** (June, 2013). Reflecting on White privilege: Strategies for engaging students in productive dialogue. In N. R. Todd (Chair) & S. Torres-Harding (Discussant), *The role of White privilege in diversity education, shaping social justice engagement, and mentoring activities*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.
- Suffrin, R. L.**, Todd, N. R., & Sanchez, B. (June, 2013). Predicting mentoring outcomes from understandings of racial privilege and structural disadvantage. In N. R. Todd (Chair) & S. R. Torres-Harding (Discussant), *The role of White privilege in diversity education, shaping social justice engagement, and mentoring activities*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.
- Todd, N. R., **Suffrin, R. L.**, & McConnell, E. A. (June, 2013). Intersections of Whiteness and Religion in Predicting Social Justice Interest and Commitment. In N. R. Todd (Chair), & S. Torres-Harding (Discussant), *The role of White privilege in diversity education, shaping social justice engagement, and mentoring activities*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.
- Suffrin, R. L.**, Todd, N. R., & Sanchez, B. (May, 2013). Team mentoring and positive youth mentor outcomes. In A. Mroczkowski (Chair), *Understanding the mentoring experiences and mentoring of urban, low-income adolescents*. Symposium presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., Orth, R., & Todd, N. (May, 2013). *Predicting openness to diversity in White religious college students*. Poster presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., Liao, L. C., McConnell, E. A., & Odahl, C. (May, 2013). In L. C. Liao (Chair), *Qualitative methods in graduate studies: Challenges and opportunities*. Roundtable presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., & McConnell, E. A., (May, 2013). In **R. L. Suffrin** (Chair), & C. Odahl and J. Houston (Discussants), *Discussion of youth immersion programs: Positive outcomes and research challenges*. Roundtable presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Todd, N. R., **Suffrin, R. L., & McConnell, E. A.** (May, 2013). In N. R. Todd (Chair) *Understanding how attitudes toward White privilege shapes social justice and mentoring activities*. Symposium presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L. (2011, October). *Center for Companies That Care*. Community agency presentation presented at 24th Annual Midwest Eco Conference, Chicago, IL.

Suffrin, R. L. (2011, August). Relationship between perceived sense of community in childhood and frequency and type of civic engagement in adulthood. In Olson, B. (Chair) *Influences of Seymour Sarason on modern-day research, practice, projects and settings*. Symposium presented at the annual American Psychological Association Conference, Washington, DC.

Suffrin, R. L., & Langelier, C. (2011, June). *Community research and action as a system: Evaluating the "Program in which we work."* Roundtable presented at the Society for Community Research and Action Biennial, Chicago, IL.

Suffrin, R. L., & Hartig, J. (2010, October). *An exploration of psychological sense of community in face-to-face and online grief support groups using observation and confirmatory factor analysis*. Roundtable presented at the Midwest Ecological-Community Psychology Conference, Urbana-Champaign, IL.

Suffrin, R. L., & Thomas, S. (2009). *Age is just a number: Empowering youth through civic engagement*. Poster presented at Northwestern University's Civic Engagement Certificate Program, Evanston, IL.

AWARDS AND HONORS

2020	APA 2020 Early Career Achievement Award
2019	Outstanding Postdoctoral Fellow Travel Award , National Academy of Neuropsychology
2016-2017	Chief Intern , UCSD/VA Psychology Internship Program
2015	The Society for the Psychological Study of Social Issues (SPSSI) Grant-in-Aid Program Award
2014	Society for Community Research and Action (SCRA) Mini-Grant

Rachael L. Ellison

2014 Institute for Challenging Disorganization (ICD) **Student Research Grant**
2012-2014 **Mini-Grant Award**, DePaul University
2013-2015 **Graduate Research Fund Award**, DePaul University
2013 SCRA/Midwestern Psychological Association (MPA) **Poster Award**
2012-2013 **DUOS Fellowship Grant**, DePaul University
2012-2014 **Vincentian Endowment Fund Grant**, DePaul University
2011 **APA Travel Award**
2010 **Order of Omega Greek Honor Society**, Northwestern University
2008 **Greek Emerging Leaders Award**, Northwestern University
2006-2010 **Dean's List**, School of Education and Social Policy, Northwestern University
2007-2009 **Academic All Big 10**, Northwestern University Division 1 Cross Country Program
2007-2009 **Jean and Theron Locke Memorial Fund Recipient**, Northwestern University Division 1 Cross Country Program

TEACHING EXPERIENCE

Course Instructor

F2019 Cognitive and Affective Bases of Behavior (PSY 503); IIT
F2020 Cognitive and Affective Bases of Behavior (PSY 503); IIT
F2020 Introduction to Psychopathology (PSY 303); V01, IIT
S2021 Introduction to Psychopathology (PSY 303); V01, IIT
S2021 Introduction to Psychopathology (PSY 303); V02, IIT
Sum2021 Introduction to Psychopathology (PSY 303); V01, IIT
F2021 Cognitive and Affective Bases of Behavior (PSY 503); IIT
F2021 Cognitive Assessment (PSY 510); IIT

2014-2015 Connecting with Youth through Research, Advocacy, and Service, DePaul University

- Designed and taught a year-long, 300 level, service-learning course in which college student mentors worked with at-risk youth from the Chicago south side, as part of a RCT

2010-2011 Peer Health Exchange, Northwestern University

- Taught nutrition and physical activity in Chicago Public High Schools that did not offer a formalized health curriculum for their students

2010 **Dialogue Facilitator**, Etgar 36

- Engaged high school students on a civic engagement summer immersion in discussions on controversial social and political issues

Teaching Assistant

2014 Alcoholism, Drug Addiction & Recovery, DePaul University
2012 Introduction to Psychology, DePaul University
2013 Introduction to Psychology, DePaul University
2012 History and Systems of Psychology, DePaul University
2011 Personality Psychology, DePaul University
2010 Introduction to Community Development, Northwestern University
2010 Global Engagement Summer Institute (GESI), Northwestern University

Invited Speaker/Guest Lecturer

Ellison, R. L. (11/5/2019). *Neuropsychology*. Guest Lecture given at PSY 409 at Illinois Institute of Technology, Chicago, IL.

Ellison, R. L. (2018, 2019). *Guest Lecture*. Lectures given in doctoral grant writing course at DePaul University, Chicago, IL.

Ellison, R. L. (2019). *Case Presentation: Amnestic episodes, REM sleep disorder, suicidal somnambulism, hyperthermia, and cognition*. Presentation given at the Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2019). *First Aid First: Traumatic Brain Injury (TBI), Concussions, and Strokes*. Presentation given at the Family Empowerment Network (FEN) series, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017, 2018). *Understanding the Aging Brain*. Presentation given at the Caring for the Aging Brain workshop series, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017, 2018). *The Cerebellum*. Presentation given at in Neuroanatomy series in Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2018). *Cranial Nerves*. Presentation given at in Neuroanatomy series in Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017). *HIV and Neuropsychology*. Presentation given for Continuing Education (CE) credits for World AIDS Day, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017). *Understanding the Aging Brain*. Presentation given at the Educational Workshop sponsored by Edward Hines Jr. VA Hospital, at the Veterans of Foreign Wars (VFW), Naperville, IL.

Ellison, R. L. (2017, 2018). *Cognitive Rehabilitation*. Presentation given at the Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Suffrin, R. L. (2017). *Cognitive Rehabilitation*. Presentation at the Clinical Psychology Internship Seminar Series, VA San Diego Healthcare System, San Diego, CA.

Suffrin, R. L. (2017). *Complications and Considerations in PTSD Treatment*. Presentation given at the PTSD Seminar Series, VA San Diego Healthcare System, San Diego, CA.

Suffrin, R. L. (2016). *Guest Lecture*. Lecture given in Introductory Psychology II course, DePaul University, Chicago, IL

Suffrin, R. L. (2016). *Neurocognitive Effects of Eating Disorders*. Presentation given at the Pediatric Clinical Neuroscience Seminar Series, University of Chicago Neuropsychology Program, Chicago, IL.

Rachael L. Ellison

Suffrin, R. L. (2016). *Neurocognitive and Behavioral Effects of Diabetes*. Presentation given at the Pediatric Clinical Neuroscience Seminar Series, University of Chicago Neuropsychology Program, Chicago, IL.

Suffrin, R. L. (2015). *Learning and Memory*. Presentation given at the Pediatric Clinical Neuroscience Seminar Series, University of Chicago Neuropsychology Program, Chicago, IL.

Suffrin, R. L. (2015). *Differential Diagnosis of GAD vs. OCD (vs. ADHD)*. Presentation given at the University of Illinois Chicago Adult Neuropsychology Clinical Case Conference Series, Chicago, IL.

Suffrin, R. L. (2014). *Guest Lecture*. Lecture given in Alcoholism, Drug Addiction & Recovery course, DePaul University, Chicago, IL.

Suffrin, R. L. (2013). *Guest Speaker*. Talk given at Clinical Psychology Doctoral Thesis Seminar, DePaul University, Chicago, IL.

ADVISING/SUPERVISING/MENTORING

Clinical Psychology Ph.D. Students

08/2020-Present Hannah VanLandingham
08/2020-Present Christopher Gonzalez
09/2021-Present Humza Khan

Clinical Advisees: Rehabilitation Psychology Ph.D. Students

08/2019-Present Jenna Ausloos
08/2019-Present Rachel Dubke
08/2020-Present Alison Oh

Post-Baccalaureate Trainee

08/2020-Present Andrea Cladek
05/2021-Present Jared Cherry

Undergraduate students (informal research mentorship)

06/2021-Present Ayesha Mahmood
12/2020-Present Ana Shack
09/2019-Present Aseem Dani

Dissertation Committees

Date Proposed / Defended

09/2019 / - Elizabeth Hamilton, "*Distinctive categorization deficits in repeated sorting of common household objects in Hoarding Disorder*"

08/2020 / - Julia Thomas, "*Quality of life in people with epilepsy: The association of anti-epileptic drugs and biopsychosocial variables*"

Rachael L. Ellison

- 09/2020 / - Jonathan Tsen, *"Caring for the caregiver: Interpersonal factors and depression as serial mediators between stigma and suicidal ideation"*
- 09/2020 / - Stephen Ramos, *"A Social-Ecological Examination of Facilitators and Barriers to Pre-Exposure Prophylaxis (PrEP) Uptake Willingness for Full-Service Sex Workers"*
- 2021 / - Xi Di Xiao, (Nutrition and Food Science)

Master's Thesis Committees

Date Proposed / Defended

- 04/2020 / - Jenna Ausloos, *"The role of self-determination and parental support in the participation of transition planning among transition-age youth with Autism Spectrum Disorder"*
- 11/2020 / N/A Chanae Duff, *"Public Stigma of Veterans with PTSD and Physical Disability"*
- 12/2020 / 8/2021 Jennifer Kurian, *"Relation between Inhibitory Control, Teacher Support, and Externalizing Behaviors in Elementary School Children"*
- 02/2021 / - Lynn Kannout, *"Social Cohesion, Race, Discrimination, & Health: Testing a Moderated Mediation among LGBT Chicagoans"*

Comprehensive Exam Committees

- 10/2019 Krystal Badillo, *"Bariatric surgery and "legal" substance use: Is it evidence-based to delay surgery?"*
- 12/2019 Julia Thomas, *"What are the best practices for evaluating a bilingual client who is preparing for temporal lobe resection?"*
- 12/2020 Andrew De Leonardis, *"Staying the Course: Attrition Risk Factors for a Latinx Female with Post-Traumatic Stress Disorder Undergoing Cognitive Processing Therapy"*
- 12/2020 Lauren Scimeca, *"What are the Neuropsychological and Educational Outcomes of extreme prematurity"*
- 05/2021 Aamir Laique, *"How can a neuropsychological evaluation help determine vocational outcomes for a 22-year-old African American female with pediatric-onset relapsing-remitting Multiple Sclerosis (POMS)?"*
- 7/2021 Rachel Dubke, *"What are some of the barriers to receiving early intervention treatment for a client with first episode psychosis?"*

Clinical Supervisor

2017-2019 During Post-Doctoral Fellowship in Clinical Neuropsychology, Edward Hines, Jr. VA

Rachael L. Ellison

Hospital, Hines, IL

- Supervised neuropsychology externs
- Supervised neuropsychology intern through TBI Survivor's Network group

Pre-Doctoral Research Mentor Experience

2011-2016

Research Supervisor and Mentor, DePaul University

- Directly supervised multiple graduate and undergraduate students for academic credit and as volunteers across multiple research studies
- Formally supervised an undergraduate student through the DePaul DUOS program

2014-2015

Course Instructor and Mentor Team Leader, Cities Mentor Project, DePaul University

- Supervised 2 teaching assistants, 6 clinical supervisors, 30 mentors and 30 mentees at 3 partner schools in the Englewood/Auburn Gresham communities in Chicago's south side as part of a clinical intervention

PROFESSIONAL SERVICE

Department Service

05/2020

Lewis College Undergraduate Research Day Judge, IIT

Committees

Present

Lewis College, Dean's Institutional Racism committee, IIT

05/2020-08/2020

"Planning for Fall" COVID-19 reopening committee member for Lewis College, IIT

2013-2015

Psychology Student Work Load Committee, DePaul University

2013-2014

Vice-Chair, Psychology Graduate Student Association (GSA), DePaul University

Faculty Sponsor

09/2020-**Present**

Clinical Psychology Graduate Student Organization (CPGSO), IIT

08/2021-**Present**

Clinical Psychology Graduate Student Diversity Committee

University Service

09/2019-**Present**

IIT Campus Judicial Board

08/2020-**Present**

IIT Institutional Review Board Appointment

Service to the Field

Committees

06/2021-**Present**

Commissioner, Representative from Women in Neuropsychology (WIN) for Houston Conference Guidelines (part 2) planning committee

08/2020-8/2023

Chair, American Psychological Association (APA) Society for Clinical Neuropsychology (Division 40) Women in Neuropsychology (WIN) Committee

02/2021-**Present**

Hines VA Research Strategic Planning Taskforce (invited)

10/2020-**Present**

INS NeuroCOVID-19 Special Interest Group (SIG): Cross-Cultural Neuropsychology

10/2020-**Present**

INS NeuroCOVID-19 Special Interest Group (SIG): Rehabilitation Neuropsychology

10/2020-**Present**

INS NeuroCOVID-19 Special Interest Group (SIG): Literature

2013-2014

Student Editor, SPSSI's publication *The Forward*

Rachael L. Ellison

2013-2014 Committee Member, SPSSI Graduate Student Committee
2013 3rd National Faith, Justice and Civic Learning (NFJCL) Conference Advisory Committee
2011-2013 DePaul University Clinical/Community Doctoral Psychology student representative

Ad Hoc Journal Reviewer

2021 Journal of College and Character
2017 International Journal of Mental Health and Addiction
2018 International Journal of Mental Health and Addiction

Grant Reviewer

2018 Society for the Society for Community Research and Action (SCRA) Community Education Program (CEP) Mini Grants
2017 SCRA CEP Mini Grants
2016 SCRA CEP Mini Grants

Conference Proposal Reviewer

2021 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2018 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2017 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2017 SPSSI track of 2017 APA Convention
2016 SPSSI track of 2017 APA Convention
2016 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2015 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2015 American Evaluation Association (AEA) Annual/Biennial Conference
2015 SCRA Biennial Conference
2014 SPSSI track of 2017 APA Convention
2014 American Evaluation Association (AEA) Annual/Biennial Conference
2014 AEA 28th Annual Conference
2013 SCRA Biennial Conference

Service to the Community

Committees

2011-Present **Alumni Admission Council**, Northwestern University
2010-Present Camp Kesem Northwestern Advisory Board member
2016-2018 Camp Kesem Mental Health Provider Panel Member
2016 Camp Kesem Camp Advisor Panel Member
2014-2016 **Camp Kesem National Alumni Leadership Board**
2013-2014 **Camp Kesem National Legacy Circle Board**
2012-2013 Camp Kesem Chicago Alumni Board

ACTIVE RESEARCH STUDIES

2019-Present **Primary Investigator**, Socially Conscious lab, IIT
“Exploring the Cognitive Burden of Racial Code Switching”

Formal collaborators: Emma Adam, Ph.D. (Northwestern University), Patrick Riordan, Ph.D., ABPP (Edward Hines, Jr. VA Hospital), Vershawn Young Ph.D. (University of Waterloo), Maurice Endsley, Ph.D. (Edward Hines, Jr. VA Hospital), Courtney L. McCluney, Ph.D. (Cornell University), Rayne Bozeman, Ph.D. (Chicago State University), Myles I. Durkee, Ph.D. (University of Michigan), Ednah Ezichi Nwafor (Collaborative for Academic, Social, and Emotional Learning)

Study goals: Empirically test the cognitive burden of race-based code-switching in a controlled context

2019-Present

Primary Investigator, Socially Conscious Lab, IIT

“Executive Functioning, Emotion Regulation and Challenging Conversations”

Formal collaborators: Ruth Schmidt (Associate Professor, IIT Institute of Design); Jonas Kaplan, Ph.D. (Assistant Professor, University of Southern California); Demetri Morgan, Ph.D. (Assistant Professor, Loyola University)

Study goals: Test potential short-term, low-effort interventions on increasing empathic understanding to diverse viewpoints; Explore the role of executive functioning (through objective neuropsychological testing), and the process of staying emotionally regulated during challenging social/political conversations

2019-Present

Co-Investigator/Cognitive Coach, Edward Hines Jr., VA Hospital

SPIRE Grant, Department of Veterans Affairs-RR&D

“Cognitive Rehabilitation for Veterans with Parkinson's Disease”

Primary Investigator: Sandra L. Kletzel, Ph.D.

Study goals: Determine the feasibility, cognitive effects and effects on real-like function of an at-home computerized cognitive training and implementation strategy program for Veterans with Parkinson's disease

2019-Present

Co-Investigator, Department of Nutrition and Food Science, IIT

Funding from the United States Department of Agriculture (USDA)

“Understanding the Pulse-Gut relationship and its role in modifying systemic inflammation and insulin sensitivity in humans”

Primary Investigators: Indika Edirisinghe, Ph.D. (IIT, Institute for Food Safety and Health); Britt Burton-Freeman, Ph.D. (IIT, Institute for Food Safety and Health)

Selected study goals: Testing the effects of daily consumption of pulses (black beans/chickpeas) on cognitive functioning (as well as the structure and function of the microbiome, and production of metabolites beneficial to human physiology including reduced systemic and gut inflammation)

2019-Present

Co-Investigator, Department of Nutrition and Food Science, IIT

“Metabolic-Eye-Brain Avocado Mango Study”

Primary Investigators: Britt Burton-Freeman, Ph.D. (IIT, Institute for Food Safety and Health); *Co-Investigators:* Rebecca K Zoltoski, Ph.D. (Illinois College of Optometry); Arlene Chapman, M.D. (University of Chicago Medicine)

Selected study goals: Testing the effects of daily consumption of avocado on cognitive functioning (as well as on systemic and ocular vascular health)

Rachael L. Ellison

- 2021-Present** **Co-Investigator**, Edward Hines Jr., VA Hospital
“Functional and cognitive correlates of intrinsically photosensitive retinal ganglion cells Veterans with Parkinson’s disease”
- 2021-Present** **Co-Investigator**, Edward Hines Jr., VA Hospital
“Differential effects of alcohol on neuropathology associated with dementia”
- 2020-Present** **Co-Investigator**, Edward Hines Jr., VA Hospital
“Advancing intrinsically photosensitive retinal ganglion cells as a prodromal biomarker for Parkinson’s disease with remote monitoring technology”
- 2020-Present** **Co-Investigator**, Edward Hines Jr., VA Hospital
“Vibrational therapy as an integrative treatment for Parkinson’s disease”
- 2021-Present** **Co-Investigator**, Edward Hines Jr., VA Hospital
“DR. BEATS – DBS-RAS Beat Synchronization Study”
- 2019-Present** **WOC Research Collaborator**, Edward Hines Jr., VA Hospital
2017-2019 **Post-Doctoral Researcher**, Edward Hines Jr., VA Hospital
“Traumatic Brain Injury Data Repository”
Research Services, Center for Innovation in Complex Chronic Healthcare
Primary Investigators: Theresa Louise-Bender Pape, Dr.PH.; Amy Herrold, Ph.D.
- 2019-Present** **Research Collaborator**, Northwestern University
2017-2019 **Post-Doctoral Researcher**, Northwestern University
“Biology, Identity and Opportunity (BIO) Study”
Contexts of Adolescent Stress and Thriving (COAST) Lab, School of Education and Social Policy/Institute for Policy Research
Primary Investigators: Emma Adam, Ph.D. (Northwestern University); Adriana Umaña-Taylor, Ph.D. (Harvard University); Mesmin Destin, Ph.D. (Northwestern University)
Study goals: Exploring if disparities in race-based stress (e.g., perceived racial discrimination) and stress biology (e.g., cortisol daily rhythms and sleep hours and quality) may help to account for racial-ethnic disparities in academic performance and cognition

CLINICAL EXPERIENCE

- 2019-Present** **Clinical Neuropsychologist**
Chicago Neuropsychology Group, Dr. Robert Heilbronner, Ph.D., ABPP-CN, Chicago, IL
- 11/2019-Present** **WOC Medical Staff Psychologist**
Edward Hines Jr. VA Hospital, Hines, IL
- 2017-2019** **Postdoctoral Fellow in Clinical Neuropsychology**

Edward Hines, Jr. VA Hospital, Hines, IL

Major Rotations: Outpatient & Inpatient Neuropsychology, Polytrauma/TBI Neuropsychology

Minor Rotations: Brain Injury Research, “TBI Survivors Network” group for moderate to brain injury, “Caring for the Aging Brain” workshops, Cognitive Rehabilitation group for Mild Cognitive Impairment, Health Promotion Disease Prevention clinic (including transplant evaluations, biofeedback, CBT-I, leading weekly “Wellness Workshops” for inpatient substance abuse clinic)

About: Veterans Affairs center

Supervisors: David Kinsinger, Ph.D., ABPP-CN, Anne Wiley, Ph.D., ABPP-CN, Patrick Riordan, Ph.D., ABPP-CN, & Amanda Urban, Ph.D., ABPP-CN

- Supervised externs in full neuropsychological evaluations
- Supervised the neuropsychology intern through TBI Survivor’s Network group
- Responsible for organizing and facilitating neuropsychology journal club for trainees
- Led group supervision for neuropsychology trainees
- Implemented and led the first Cognitive Rehabilitation Group for Mild Cognitive Impairment (MCI)
- Facilitated Wellness Workshop series through Health Promotion Disease Prevention (HPDP)
- Designed and gave a CE workshop for the hospital on “HIV and Neuropsychology” for World AIDS Day
- Participated in neuroradiology rounds, “supervision of supervision” group, group supervision, other relevant didactics/rounds/trainings/CEs at both Hines and Loyola (e.g., Medical Rehabilitation didactics, Integrated Care grand rounds)
- Co-facilitated “Understanding the Aging Brain” multidisciplinary educational workshops for aging Veterans, caregivers and family members. Present both at the VA and externally in the community (e.g., at VFWs); presented on “Emergency First Aid: Concussions and Strokes” at the Family Empowerment Network (FEN) series
- Audited the neuroanatomy course at Loyola University
- Shadowed the Inpatient Neurology Team for a 2-week experience

2018-2019

Clinical Associate

Center for Comprehensive Neurobehavioral Care, Chicago, IL

About: A pediatric private practice specializing in comprehensive multidisciplinary neuropsychological and forensic evaluations

Clinical Director: Lori G. Tall, Psy.D.

2018-2019

Pediatric Neuropsychological Technician

O’Koon Psychology Group, Glenview, IL

About: A pediatric private practice specializing in comprehensive multidisciplinary neuropsychological evaluations

Clinical Director: Jeff O’Koon, Ph.D.

2016-2017

Clinical Intern in TBI/Neuropsychology

University of California San Diego (UCSD)/VA Psychology Clinical Internship Program
Rotations: TBI Cognitive Rehabilitation Clinic, Neuropsychology Unit, PTSD Clinic

About: Veterans Affairs center

TBI/Cognitive Rehabilitation Supervisor: Amy Jak, Ph.D., Internship Program Director, Karen Hanson Bondi, Ph.D. *Neuropsychology Supervisors:* Mark Bondi, Ph.D., ABPP/CN; Gregory Brown, Ph.D., ABPP/CN; Vincent Filoteo, Ph.D. *PTSD Supervisor:* Joanna Jacobus, Ph.D.

- Appointed **Chief Intern**
- Wrote and conducted comprehensive neuropsychological batteries of primarily adult neuropathological disorders
- Conducted clinical intakes for across all three rotations and participated in feedback sessions for both neuropsychological assessments and TBI assessments
- Gained proficiency in conducting cognitive rehabilitation, “Compensatory Cognitive Training” (formally CogSMART)
- Successfully completed **VA certification** for **Cognitive Processing Therapy (CPT)**
- implemented Prolonged Exposure (PE), CPT and STAIR for Veterans with PTSD, conducted CPT group

2015-2016

Pediatric Neuropsychology Extern

University of Chicago, Department of Psychiatry, Chicago, IL

About: University medical center

Supervisors: Scott Hunter, Ph.D., Megan Scott, Ph.D.

2014-2015

Adult Neuropsychology Extern

University of Illinois, Chicago, Department of Psychiatry, Chicago, IL

About: University medical center

Supervisors: Neil Pliskin, Ph.D., ABPP/CN, Julie Janecek, Ph.D., Woojin Song, Ph.D., Sara Weisenbach, Ph.D., ABPP/CN

2014-2016

Pediatric Neuropsychological Technician

Pediatric Consultation Center, Glenview & Vernon Hills, IL

About: A pediatric private practice specializing in comprehensive multidisciplinary neuropsychological evaluations

2014-2016

Part-Time Staff

2013-2014

Advanced Clinical Extern

2012-2013

Clinical Extern

2012-2014

Pediatric Testing Clinician

2013-2015

Group Therapist

2012-2014

Parent Child Interaction Therapy (PCIT) therapist

DePaul Family and Community Services (DePaul FCS), Chicago, IL

About: A community-based child/family mental health center specializing in working with low-income, minority youth

- Supervised 2 teaching assistants, 6 clinical supervisors, 30 mentors and 30 mentees at 3 partner schools in Chicago's southside Englewood/Auburn Gresham communities
- Supervised graduate and undergraduate student therapists in group supervision
- Designed and facilitated weekly group coping sessions as part of an intervention focused on alleviating stress for youth living in urban poverty, in a longitudinal RCT, community-based mentoring project working with 4th-9th grade mentees
- Developed brief "waitlist" groups for youth and parents at DePaul FCS
- Contracted by CPS to lead 5 weekly school-based therapy groups (e.g., Anger Coping, Emotion Regulation) for 3rd- 8th graders
- Received training on Anger Coping and Cognitive Behavioral Intervention for Trauma in Schools (CBITS)
- Co-led mother-daughter therapy groups in a community setting with minority youth at risk for depression and their mothers as part of the development of a manualized intervention and RCT for the Mother-Daughter Project
- Trained on "Strengths for Trauma Resilience- Overcoming N' Growing" STRONG Families Treatment for Community Violence training through *the Urban Youth Trauma center at the Institute for Juvenile Research at the University of Chicago*

2015

Mental Health Professional, Camp Kesem Northwestern University

About: A 501(c)3 **overnight camp** for kids ages 6-16 whose parents have/had cancer

- Assisted with both campers and counselors' psychological issues (e.g., homesickness, oppositional behavior)
- Managed camper mental health crises (e.g., camper suicidal ideation)
- Provided pre-camp training for staff and student leaders on behavioral management

SELECTED COMMUNITY EXPERIENCE

8/2021-Present

Northwestern University Council of 100 (membership by invitation only)

<https://www.alumni.northwestern.edu/s/1479/02-naa/16/interior.aspx?sid=1479&gid=2&pgid=28462>

2010-2020

Camp Kesem

About: Kesem is a nationwide community, driven by passionate college student leaders, that supports children through and beyond their parent's cancer. They are the largest national organization dedicated to this unique population – supporting children with innovative, fun-filled programs that foster a lasting community. Camp Kesem is a free overnight camp for children 6-16 whose parents have/had cancer, run and organized entirely by college students

2016-2018

Camp Kesem Mental Health Provider Panel Member

2016

Camp Advisor Panel Member

2014-2016

Camp Kesem National Alumni Leadership Board

2016

Mental Health Professional, Camp Kesem Northwestern University Chapter

2013-2014

Camp Kesem National Legacy Circle Board

Rachael L. Ellison

- 2012-2013 Camp Kesem Chicago Alumni Board
2010-2020 Camp Kesem Northwestern (CKNU) Advisory Board member
2010-2013 Camp Advisor, University of Richmond, Arizona State University, University of California Davis, Notre Dame University
- 2011-2013 Service Immersion Trips Leader
Immersion Trip Leader, VIA Service Immersion Alternative Break Program, DePaul University
- 2011-2012 Washington, D.C., (*theme*: systemic factors related to issues of homelessness)
2012-2013 New York, NY, (*theme*: educational disparities in the urban education system)
- 2010-2011 Center for Companies That Care, Chicago, IL
AIM High Mentoring Program Staff
- Designed and implemented a curriculum focused on college readiness and workplace skills, for a community initiative for minority, low-income high school students as part of a mentoring program
 - Gathered academic data for weekly tracking of mentee's school progress
 - Coordinated Center for Talent Development High School's weekly afterschool
 - Coordinated and staffed monthly events for mentors, mentees, mentees' families
 - Staffed summer college bus tour for mentees
- Junior Board President*
- Developed, organized, and ran the first Junior Board to engage young professionals
- Senior Program Associate*
- Promote CSR by working to engage employers in social sustainability
 - Increased employer involvement by recruiting companies to the Honor Roll and *Community of Caring*
- Provided critical feedback to employers through a statistical analysis of data from companies' employee surveys to help better the lives of employees
 - Researched and coordinated the development of new programs and initiatives
 - Planned major fundraising events
 - Recruited, trained and supervised staff and interns

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)
Society for Community Research and Action (SCRA; APA Division 27)
Society for Clinical Neuropsychology (SCN; APA Division 40)
The American Academy of Clinical Neuropsychology (AACN)
International Neuropsychological Society (INS)
National Academy of Neuropsychology (NAN)
Midwestern Psychological Association (MPA)
The Society for the Psychological Study of Social Issues (SPSSI)
Psychologists for Social Responsibility