

Rachael L. Ellison (Suffrin), Ph.D.

CURRICULUM VITA

rellison1@iit.edu

CURRENT POSITIONS

- 08/2019-Present **Assistant Professor (tenure track)** www.iit.edu/directory/people/rachael-ellison
Illinois Institute of Technology (IIT) Department of Psychology
Socially Conscious Lab www.rachaelellisonphd.com/sociallyconsciouslab
- 08/2021-Present Associate Director of Clinical Training (DCT) / Practicum Coordinator
- 10/2019-Present **Clinical Neuropsychologist** www.rachaelellisonphd.com
Chicago Neuropsychology Group with Dr. Robert Heilbronner, Ph.D., ABPP-CN
Neuropsychological Evaluations and Cognitive Rehabilitation
- Present-2023 **Women in Neuropsychology (WIN) Chair** <https://scn40.org/win/>
American Psychological Association (APA) Society for Clinical Neuropsychology (SCN;
Division 40) Committee
- 11/2019-Present **Medical Staff Psychologist, WOC**
Edward Hines Jr., VA Hospital, Hines, IL
- 09/2019-Present **Research Appointment, WOC**
Edward Hines Jr., VA Hospital, Hines, IL
- 8/2021-Present **Northwestern University Council of 100**
Council Member *membership by invitation only*
<https://www.alumni.northwestern.edu/s/1479/02-naa/16/interior.aspx?sid=1479&gid=2&pgid=28462>

LICENSURE

- 11/2018-Present
2018 Licensed Clinical Psychologist, IL License #071.009905
VA Cognitive Processing Therapy (CPT) provider

EDUCATION

- 2017-2019 **APA Specialty Accredited Post-Doctoral Fellowship in Clinical Neuropsychology**
Edward Hines, Jr. VA Hospital, Hines, IL
Major Rotations: TBI/Polytrauma, Inpatient, & Outpatient Neuropsychology Clinics
Minor Rotations: (See clinical experiences)
- 2016-2017 **APA Accredited Psychology Clinical Internship (Neuropsychology Emphasis)**
University of California San Diego (UCSD)/ VA San Diego Healthcare System
San Diego, CA

V1/9/2022

Rachael L. Ellison

Rotations: TBI/Cognitive Rehabilitation, Neuropsychological Assessment Unit, PTSD Chief Intern

- 2011-2017 **APA Accredited Ph.D. in Clinical/Community Psychology**
DePaul University, Chicago, IL
- 2014 **APA Accredited Masters in Clinical/Community Psychology**
DePaul University, Chicago, IL
- 2010-2011 **Northwestern University Public Interest Program Fellow**
Center for Companies That Care, Chicago, IL
- 2006-2010 **Bachelors of Science, Northwestern University, Evanston, IL**
Double Major: Human Development and Psychological Services; Psychology
Certificate Program: Certificate in Civic Engagement
School of Education and Social Policy (SESP) Dean's List

PUBLICATIONS

Peer Reviewed Journal Publications

- VanLandingham, H., **Ellison, R. L.**, Laique, A., Cladek, A., Khan, H., Gonzalez, C., & Dunn, M. R. (in press). A scoping review of stereotype threat for BIPOC: Cognitive effects and intervention strategies for the field of neuropsychology. *The Clinical Neuropsychologist*. doi.org/10.1080/13854046.2021.1947388
- Stika, M. M., Riordan, P., Aaronson, A. A., Herrold, A. A., **Ellison, R. L.**, Kletzel, S., Drzewiecki, M., Evans, C. T., Mallinson, T., High, W. M., Babcock-Parziale, J., Urban, A., Bender Pape, T. L., & Smith, B. (2021). Cognition and other predictors of functional disability among Veterans with mild traumatic brain injury and post-traumatic stress disorder. *Journal of Head Trauma Rehabilitation*, 36(1), 44-55. doi: 10.1097/HTR.0000000000000611
- Ellison, R. L.**, Cory, M., Horwath, J., Barnett, A., & Huppert, E. (2020). Can mentor organizations impact mentor outcomes? Assessing organizational norms on mentor intent to stay and willingness to 'go the extra mile'. *Journal of Community Psychology*, 48(7), 2208-2220. doi:10.1002/jcop.22391
- Ellison, R. L.**, Todd, N. R., Orth, R. D., & McConnell, E. A. (2019). Openness to diversity and White privilege awareness: The moderating role of gender for White Christian students. *Journal of College Student Development*, 60(5), 563-576. [doi:10.1353/csd.2019.0050](https://doi.org/10.1353/csd.2019.0050)
- Ellison, R. L.** (2018). Corporate social responsibility (CSR) and prospective employment decisions: Exploring social change through college students. *Journal of College and Character*, 19(4), 275-291. doi:10.1080/2194587X.2018.1517648
- Ellison, R. L.**, & Stika, M. (Winter, 2018). Feedback on invalid neuropsychological testing: Mild traumatic brain injury (mTBI). *Journal of Health Service Psychology*, 44(1), 19-23.

Rachael L. Ellison

- Todd, N. R., Boeh, B. A., Houston-Kolnik, J. D., & **Suffrin, R. L.** (2017). Interfaith groups as mediating structures for political participation: A multilevel analysis. *American Journal of Community Psychology, 59*(1-2), 106-119. doi:10.1002/ajcp.12121
- Todd, N. R., Houston-Kolnik, J. D., & **Suffrin, R. L.** (2017). Understanding community issues of interfaith groups. *Journal of Community Psychology, 45*(2), 160-177. doi:10.1002/jcop.21840
- Suffrin, R. L.**, Todd, N. R., & Sanchez, B. (2016). An ecological perspective of mentor satisfaction with their youth mentoring relationships. *Journal of Community Psychology, 44*(5), 553-568.
doi.org/10.1002/jcop.21785
- Todd, N. R., Houston, J. D., & **Suffrin, R. L.** (2015). Applying affiliation social network analysis to understand interfaith groups. *Psychosocial Intervention, 24*(3), 147-154. doi:10.1016/j.psi.2015.07.007
- Todd, N. R., **Suffrin, R. L.**, McConnell, E. A., & Odahl-Ruan, C. A. (2015, March 25). Understanding associations between religious beliefs and White privilege attitudes. *Sociological Perspectives, 58*(4), 649-665. doi:10.1177/0731121415572689
- Todd, N. R., McConnell, E. A., & **Suffrin, R. L.** (2014). The role of attitudes toward White privilege and religious beliefs in predicting social justice interest and commitment. *American Journal of Community Psychology, 53*, 109-121. doi:10.1007/s10464-014-9630-x
- Suffrin, R. L.** (Spring, 2013). Case study: The sewing cooperative: Generating resources by increasing production efficiency: Argentina (GRIPE A). *The International Undergraduate Journal for Service-Learning, Leadership and Social Change*.

Books & Book Chapters

- Ellison, R. L.** (2020). Goodnight COVID-19: A pandemic parody edition (K. Bradford, Illus.). Brain & Behavior LLC.
https://www.amazon.com/dp/B08B2F8CVW/ref=sr_1_1?keywords=goodnight+covid&qid=1591900866&sr=8-1
- Koocher, G. P., & **Suffrin, R. L.** (2017). Common Ethical Transgressions by Private Practitioners. In S. Walfish, J. Zimmerman, & J. E. Barnett (Eds.). *The Handbook of Private Practice*. New York: Oxford University Press.

Manuscripts under Review

- Lindsey, A., **Ellison, R. L.**, Herrold, A. A., Aaronson, A. L., Kletzel, S. L., Stika, M., Guernon, A., & Bender Pape., T. (revise and resubmit). rTMS/iTBS and cognitive rehabilitation: A theoretical framework and review examining paired treatment to remediate deficits associated with TBI and PTSD.

Media Coverage

Rachael L. Ellison

- Maughan, L. (2021, August 27). Racial stereotypes impact BIPOC's performance in neuropsychological evaluations, researchers find. Illinois Tech News. URL: <https://www.iit.edu/news/racial-stereotypes-impact-bipocs-performance-neuropsychological-evaluations-researchers-find>
- Arkin, M. (2020, August 17). Rachael Ellison on racism and cognitive functioning, challenging political conversations, and how mentoring programs affect mentors. Chronic of Evidence-Based Mentoring. Retrieved from <https://www.evidencebasedmentoring.org/rachael-ellison-on-virtual-minority-stress-emotional-regulation-and-how-mentoring-programs-affect-mentors/>
- Arkin, M. (2020, August 03). Mentoring organizations impact mentors, too [Summary of Ellison, R. L., Cory, M., Horwath, J., Barnett, A., & Huppert, E. (2020). Can mentor organizations impact mentor outcomes? Assessing organizational norms on mentor intent to stay and willingness to "go the extra mile." *Journal of Community Psychology*. <https://doi.org/10.1002/jcop.22391>]. Chronic of Evidence-Based Mentoring. Retrieved from <https://www.evidencebasedmentoring.org/mentoring-organizations-impact-mentors-too/>
- Azoulay, B. (2020, July 6). Talk to your kids about COVID-19 with the help of these lovely children's books. sheknows. URL: <https://www.sheknows.com/parenting/slideshow/2233335/coronavirus-kids-books/3/>
- Maughan, L. (2020, June 18). Assistant professor publishes children's book on COVID-19 pandemic. Illinois Tech News. URL: <https://www.iit.edu/news/assistant-psychology-professor-publishes-childrens-book-covid-19-pandemic>
- Preston, J. (2017, March 14). New research takes an ecological perspective of mentor satisfaction [Summary of **Suffrin, R.**, Todd, N. & Sanchez, B. (2016). An ecological perspective of mentor satisfaction with their youth mentoring relationships. *Journal of Community Psychology*, 44(5), 553-568. DOI: 10.1002/jcop.21785]. Chronic of Evidence-Based Mentoring. Retrieved from [http://chronicle.umbmentoring.org/new-research-takes-ecological-perspective-mentor-satisfaction/?ct=t\(March 15 2017 15 2017\)&mc_cid=e69248c164&mc_eid=8c72bf835d](http://chronicle.umbmentoring.org/new-research-takes-ecological-perspective-mentor-satisfaction/?ct=t(March%2015%202017%2015%202017)&mc_cid=e69248c164&mc_eid=8c72bf835d)

Technical Reports and Other Publications

- Dunn, M. R., Cladek, A., Khan, H., VanLandingham, H., Gonzalez, C., Matthews, E., & Novak, N., & **Ellison, R. L.** (Fall 2020). Dismantling systemic racism in the context of the COVID-19 pandemic: A pilot intervention for mental health professionals. *The Community Psychologist* 53(4), 18-24. <https://www.scr27.org/publications/tcp/tcp-past-issues/tcpfall2020/special-feature-racial-capitalism-covid-19-and-compounding-inequalities/>
- Hoffnung, D. S. (Winter/Spring, 2021). Feature article: Women in neuropsychology: Where things stand. Interview with current chairs of WIN (**Dr. Rachael Ellison**) and WIL (Dr. Nyaz Didehbani). *The Society for Clinical Neuropsychology, Division 40 of the American Psychological Association Newsletter*.
- Ellison, R. L.** (2019). Teach the children well: Social justice in college predicts preference for socially responsible jobs. *Society for Community Research and Action, Children, Youth and Families, Mental*

Rachael L. Ellison

Health section online publication. URL: <https://www.communitypsychology.com/teach-socially-responsible-jobs/>

Stephens, J. E., **Ellison, R. L.**, Nwafor, E. N., & Adam, E. K. (2019). Early to bed, more organized to rise? Preliminary evidence shows that an earlier bed time may be beneficial for teens' cognitive functioning. *Society for Community Research and Action, Children, Youth and Families, Mental Health section online publication.* URL: <https://www.communitypsychology.com/early-to-bed-more-organized-to-rise/>

Ellison, R. L. (May, 2018). A community psychologist at heart: The value of a foundation in community psychology. *Community Practice Bulletin, Society for Community Research and Action.*

Suffrin, R. L. (2016). Br. David Darst Center: Assessment of the Urban Immersion Retreat Program. The Brother David Darst Center, Chicago, IL.

Suffrin, R. L. (2016). SCRA Community Mini-Grant spotlight: Youth immersion experiences. *Global Journal of Community Psychology Practice.*

Suffrin, R. L., Nass, K. & La-Hood Olson, E. (2016). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., & Nass, K. (2015). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., Sanchez, B., & O'Leary, A. (2014). An outcome evaluation of student involvement in Camp Kesem. Camp Kesem Nationals.

Suffrin, R. L., Curby, C., Nass, K., & O'Donoghue, S. (2014). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., Ryan, A., & Judge, T. (2014). Office of Religious Diversity Annual Assessment Report. DePaul University, Division of Student Affairs.

Suffrin, R. L., Álvarez, R., & Nass, K. (2013). Vincentian Community Service Office Annual Assessment Report. DePaul University, Division of Student Affairs.

CONFERENCE PRESENTATIONS

Ellison, R. L., Rapport, L. J., Suhr, J. A., Sparks, J., Thomas, K. R., Silver, C., Price, J. S., & Morris, E. P. (under review). WIN/JCEN Special Issue Mentoring in Neuropsychology: National Survey Data. In **R. L. Ellison** (Chair) *Women in Neuropsychology (WIN)/The Journal of Clinical and Experimental Neuropsychology (JCEN) Sneak Peek into the Special Issue on Mentoring in Neuropsychology*. Symposium submitted for Division 40 at the American Psychological Association 2022 Annual Convention, Minneapolis, MN.

Rachael L. Ellison

VanLandingham, H. B., **Ellison, R. L.**, Cladek, A., Hussaini, H., Khan, H., Gonzalez, C., Bozeman, J. F., & Theis, T. L. (under review). *Beyond the gut: Implications of socially-inclusive food policies for psychological and cognitive health*. Poster submitted for presentation at the American Psychological Association Annual 2022 Convention, Minneapolis, MN.

Dunn, M. R., Khan, H., & **Ellison, R. L.** (under review). *A qualitative examination of trip leaders as a causal mechanism in social-justice immersion programs*. Poster submitted for presentation at the American Psychological Association Annual 2022 Convention, Minneapolis, MN.

Gonzalez, C., Chapman, S., Turney, I. C., Lao, P. L., Garriga, S. M., Avila-Reiger, J., VanLandingham, H. B., **Ellison, R. L.**, Gutierrez, J., Morales, C., Amarante, E., Cosentino, S., Brickman, A. M., Mayeux, R., Manly, J. J. (accepted for February, 2021). *Vascular contributions to subjective cognitive decline in a multiracial community cohort* [submitted poster]. Submitted to the International Neuropsychological Society 50th North American Annual Meeting, New Orleans, LA.

Reyes, A., Nguyen, A., Anderson, K. M., & Diaz-Santos, M. (August, 2021). In **R. L. Ellison** (Chair) *Mentorship and Sponsorship of BIPOC Women/Non- Binary Gender Neuropsychology Trainees* [Symposium for CE credits]. Division 40 at the American Psychological Association Virtual Convention, online.

Ellison, R. L., Ready, R., Grande, L., Macdonald Wer, B., Rapport, L., & Williams, M. (2021, August 12-14). In S. Singh (Chair) *Virtual Teaching and Supervision of Neuropsychological Assessment* [Invited panel member for symposium]. Division 40 at the American Psychological Association Virtual Convention, online.

Ellison, R. L., Rhoads, T., Tran, S., Vanden Bussche Jantz, A. B., Nguyen, A., Bradshaw, K. R., & Krishman, K. (April, 28, 2021). In S. Cooper, J. Dixon, E. Morris, and K. Steward (Chairs) *ECNPC/EMA/WIN Jobs Workshop: Clinical Jobs, Focus on Barriers often Faced by Historically Marginalized Groups*. Invited panel member for The Society for Clinical Neuropsychology online workshop.

Wisinger, A. M., Stika, M. M., Gonzalez, C., Cladek, A., **Ellison, R. L.**, Riordan, P., Herrold, A., Kletzel, S., Aaronson, A., Lindsey, A., Pape, T., & Smith, B. (under review). *Predictors of Cognitive Functioning Among Veterans with Mild Traumatic Brain Injury*. American Congress of Rehabilitation Medicine (ACRM) 98th Annual Conference, Houston, TX.

Ellison, R. L., Laique, A., Gonzalez, C., Khan, H., & VanLandingham, H. (invited virtual talk, March 25, 2021). *Multicultural considerations in neuropsychology: Applications to research and clinical work*. Invited talk for Marian University, Online.

Ellison, R. L., Gonzalez, C., Laique, A., Shack, A., & VanLandingham, H. (invited virtual talk, March 11, 2021). *Multicultural Neuropsychology*. Invited talk for Illinois Institute of Technology's Clinical Psychology Doctoral Program Colloquium, Online.

VanLandingham, H., Gonzalez, C., **Ellison, R. L.**, Lindsey, A., Aaronson, A., Kletzel, S., Gueronon, A., Stika, M., Herrold, A., & Bender Pape, T. (February 2-5, 2021). *Pairing Neurostimulation and Cognitive*

Rachael L. Ellison

Intervention: A Theoretical Framework for Treatment of Co-Occurring TBI and PTSD. Poster presented at International Neuropsychological Society Annual Conference, Online.

Cladek, A., VanLandingham, H., Dani, A., **Ellison, R. L.**, Riordan, P., Drzewiecki, M. (December 6, 2020). *Hypothesized Neurocognitive Sequela of Mild-Moderate COVID-19: A Review.* Poster presented at KnowNeuropsychology Virtual Poster Session, Online.

Khan, H., & **Ellison, R. L.** (Accepted for June, 2020; Conference canceled due to COVID-19; Presented March, 2021). *Craniotomy of the Left Frontal Lobe: A Case Study of Longitudinal Neuropsychological Assessments.* Poster accepted for 2020 American Academy of Clinical Neuropsychology, Washington, D.C.; Presented at online at 2021 American Academy of Clinical Neuropsychology Conference.

Nwafor, E., Collier-Villaume, S. E., Stephens, J., **Ellison, R. L.**, Ehrhardt, A. D., & Adam, E. K. (Accepted for May, 2020; Conference canceled due to COVID-19). Sleep as a Potential Mediating Factor Between Racial Discrimination and Executive Functioning. In *Racial Discrimination and Youths' Physiological and Biological Processes* paper symposium accepted for SRCD 2020 Special Topic Meeting: *Construction of the 'Other': Development, Consequences, and Applied Implications of Prejudice and Discrimination*, Rio Grande, Puerto Rico, USA.

Ellison, R. L., Stika, M., Riordan, P., Herrold, A. A., Smith, B., Drzewiecki, M., Kletzel, S., Aaronson, A., & Pape, T. (February, 2020). *Blast Versus Blunt-Force: Mechanism of Traumatic Brain Injury and Cognitive Outcomes in OEF/OIF Veterans.* Poster presented at the International Neuropsychology Society (INS) 2020 Annual Meeting, Denver, CO.

Ellison, R. L. & Urban, A. (invited talk, July, 2019). *TBI Survivor's Network: Veterans with TBI requiring "lifelong" follow-up.* Invited talk for the U.S. Department of Veterans Affairs VISN 12 Polytrauma/TBI Conference, Hines, IL.

Ellison, R. L. & Urban, A. (invited talk, July, 2019). *Chronic Traumatic Encephalopathy (CTE).* Invited talk for the U.S. Department of Veterans Affairs VISN 12 Polytrauma/TBI Conference, Hines, IL.

Ellison, R. L., Stephens, J., Nwafor, E., Adam, E., & Grant, K. (June, 2019). *Stress and the Teenage Brain: The Impact of Daily Stressors on Adolescent Cognition.* Poster presented at the American Academy of Clinical Neuropsychology (AACN) 2019 Conference, Chicago, IL.

Ellison, R. L., Day, A., Khan, A., Lennon, J., Pape, T., & Herrold, A. A. (April, 2019). *Relationships between Alcohol Use Disorder symptoms and executive functioning.* Poster presented at the Midwest Psychological Association (MPA) 2019 Annual Meeting, Chicago, IL.

Nwafor, E., Stephens, J., **Ellison, R. L.**, Hitner, E., Adam, E. K., & Umaña-Taylor, A. (March, 2019). *Perceived Experiences of Racial Discrimination Associated with Poorer Adolescent Executive Functioning.* Poster presented at the Society for Research in Child Development (SRCD) 2019 Biennial Meeting, Baltimore, MD.

Rachael L. Ellison

Stephens, J., **Ellison, R. L.**, Nwafor, E., & Adam, E. K. (May, 2018). *Early to Bed, More Organized to Rise: Adolescent Bedtime and Executive Functioning (EF)*. Poster presented at the 30th American Psychological Society Annual Convention, San Francisco, CA.

Suffrin, R. L., Nass, K., La-Hood Olson, E., & Goya-Arce, A. (October, 2016). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Suffrin, R. L., Fields, E. E., Martin, R., Scott, M. N., & Hunter, S. J. (June, 2016). *Neuropsychological Assessment of a Pediatric Patient with Myelodysplastic Syndrome and Complicated Treatment Course*. Poster presented to the American Academic of Clinical Neuropsychology, Chicago, IL.

Suffrin, R. L. (November, 2015). *Overcoming challenges in assessing urban immersion programming for youth*. Poster presented at the American Evaluation Association, Chicago, IL.

Suffrin, R. L. & Nass, K. (October, 2015). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Greeson, M., McMahon, S., **Suffrin, R. L.**, Ruiz, L., Soibatian, C., Collins, K., Reaves, S., & McConnell, E. (November, 2015). *Priorities in teaching evaluation practice skills: A community psychology perspective*. Session presented at the American Evaluation Association, Chicago, IL.

Barnett, A., Horwath, J., **Suffrin, R. L.**, Duffy, S., & Grant, K. (March, 2015). The Cities Mentor Project: Connecting low-income youth with mentoring, coping skills, and protective settings. In A. McDonald (Chair) & P. Tolan (Discussant), *Coping, ethnic identity, and empowerment interventions building pathways to resilience at at-risk preadolescents*. Symposium presented at the Society for Research in Child Development (SRCD), Philadelphia, PA.

Suffrin, R. L., Curby, C., O'Donoghue, S., & Nass, K. (October, 2014). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Chavira, D., & **Suffrin, R. L.** (June, 2014). *Assessing mentor cultural competence: Initial exploratory factor analysis results*. Poster presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.

Suffrin, R. L., Todd, N. R., & Sanchez, B. (June, 2014). Predicting mentor satisfaction from multicultural competence and understandings of inequality. In N. R. Todd (Chair), *Pathways to social justice understanding and action*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.

McConnell, E. A., **Suffrin, R. L.**, Dalbey, K., & Chavira, D. (June, 2014). The process of evaluating a wilderness program for at-risk youth. In E. A. McConnell (Chair) & S. D. McMahon (Discussant), *Approaches to community evaluation for social change*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.

- Suffrin, R. L.,** McConnell, E. A., & Rose, J. (June, 2014). Assessing the impact on college student volunteers: An outcome evaluation. In E. A. McConnell (Chair) & S. D. McMahon (Discussant), *Approaches to community evaluation for social change*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.
- Suffrin, R. L.,** McConnell, E. A., Bauer, J., & Huizar, C. (June, 2014). Immersion experiences: The impact of social support on youth outcomes. In **R. L. Suffrin** (Chair) & E. M. Sterrett (Discussant), *Social support and well-being: The power of community*. Symposium presented at the Society for the Psychological Study of Social Issues Biennial, Portland, OR.
- Suffrin, R. L.,** Pullen, R. W., & Ferrari, J. R., Roster, C. (June, 2014). *Psychological home: Finding comfort through possessions and place attachments*. Poster presented at DePaul University Psych Night, Chicago, IL.
- Girts, J., **Suffrin, R. L.,** Roster, C., & Ferrari, J. R. (March, 2014). *Procrastinators: Gender comparisons of people/thing orientations and clutter*. Poster presented at the Eastern Psychological Association, Boston, MA.
- Vaclavik, D., **Suffrin, R. L.,** Steltenpohl, S., Ferrari, J. R., Girts, J., Rizzo, M., Koziowski, C., & Gambino, B. (March, 2014). *Home and heart: New areas for community psychology*. Symposium presented at the Eastern Psychological Association, Boston, MA.
- Suffrin, R. L.,** McConnell, E. A., Bauer, J., & Huizar, C. (May, 2014). Results from a nationwide survey of immersion experiences. In E. A. McConnell (Chair) *Immersion experiences: Process, causal mechanisms, and positive outcomes*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.
- McConnell, E. A., **Suffrin, R. L.,** Chavira, D., & Adams, K. L. (May, 2014). Outward Bound FINS: The process of developing an immersion evaluation. In E. A. McConnell (Chair) *Immersion experiences: Process, causal mechanisms, and positive outcomes*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.
- Suffrin, R. L.,** & McConnell, E. A. (May, 2014). Camp Kesem: Exploring the Positive Impact on College Student Volunteers. In E. A. McConnell (Chair) *Immersion Experiences: Process, causal mechanisms, and positive Outcomes*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.
- Suffrin, R. L.,** Pullen, R. W., Ferrari, J. R., & Roster, C. (May, 2014). Psychological home: Finding comfort through possessions and place attachments. In J. R. Ferrari (Chair) *Home and heart: New areas for community psychology*. Symposium presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Rachael L. Ellison

Suffrin, R. L., & Orth, R. (May, 2014). *College student extracurricular engagement and value formation: The impact of involvement on corporate social responsibility orientation*. Poster presented at the Society for Community Research and Action Program at Midwest Psychological Association, Chicago, IL.

Gambino, B., **Suffrin, R. L.,** Girts, J., Pacyga, B., Ferrari, J., & Roster, C. (September, 2014; Invited talk). *Clutter and place attachment: A gender and demographic comparison of younger and older adults*. Presented as part of an interactive symposium as ICD Grant recipients at The Institute for Challenging Disorganization annual conference, Nashville, TN.

Girts, J., **Suffrin, R. L.,** Gambino, B., Pacyga, B., Ferrari, J., & Roster, C. (September, 2014; Invited talk). *Sense of psychological home: Clutter in intentional living communities*. Presented as part of an interactive symposium as ICD Grant recipients at The Institute for Challenging Disorganization annual conference, Nashville, TN.

Pacyga, B., **Suffrin, R. L.,** Girts, J., Gambino, B., Ferrari, J., & Roster, C. (September, 2014; Invited talk). *Exploratory factor analysis: The Clutter Quality of Life [CQL] Scale*. Presented as part of an interactive symposium as ICD Grant recipients at The Institute for Challenging Disorganization annual conference, Nashville, TN.

Todd, N. R., McConnell, E. A., & **Suffrin, R. L.** (March, 2014). The role of religious beliefs in White ally development. In P. O. Garriott (Chair) & W. E. Cross (Discussant), *Race traitors: Empirical investigations of White allies*. Symposium presented at the Counseling Psychology Conference, Atlanta, GA.

Suffrin, R. L., Gambino, B., Girts, J. A., & Ferrari, J. R. (November, 2013). *"I Remember It Well:" Perceptions of psychological home*. Poster presented at the Midwest Ecological-Community Psychology Conference, University of Illinois at Chicago, Chicago, IL

Suffrin, R. L., Álvarez, R., & Nass, K. (October, 2013). *Vincentian Community Service Office Annual Assessment Poster*. Poster presented at the Division of Student Affairs poster session, DePaul University, Chicago, IL.

Todd, N. R., Houston, J. D., & **Suffrin, R. L.** (June, 2013). Using hierarchical linear modeling to examine religious networking organizations as settings for empowerment. In N. R. Todd (Chair) & C. B. Keys (Discussant), *Methodological approaches to examining empowerment, power, and social justice*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.

McConnell, E. A., Todd, N. R., & **Suffrin, R. L.** (June, 2013). Reflecting on White privilege: Strategies for engaging students in productive dialogue. In N. R. Todd (Chair) & S. Torres-Harding (Discussant), *The role of White privilege in diversity education, shaping social justice engagement, and mentoring activities*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.

Suffrin, R. L., Todd, N. R., & Sanchez, B. (June, 2013). Predicting mentoring outcomes from understandings of racial privilege and structural disadvantage. In N. R. Todd (Chair) & S. R. Torres-Harding (Discussant), *The role of White privilege in diversity education, shaping social justice engagement, and mentoring*

Rachael L. Ellison

activities. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.

Todd, N. R., **Suffrin, R. L.**, & McConnell, E. A. (June, 2013). Intersections of Whiteness and Religion in Predicting Social Justice Interest and Commitment. In N. R. Todd (Chair), & S. Torres-Harding (Discussant), *The role of White privilege in diversity education, shaping social justice engagement, and mentoring activities*. Symposium presented at the Society for Community Research and Action Biennial, Coral Gables, FL.

Suffrin, R. L., Todd, N. R., & Sanchez, B. (May, 2013). Team mentoring and positive youth mentor outcomes. In A. Mroczkowski (Chair), *Understanding the mentoring experiences and mentoring of urban, low-income adolescents*. Symposium presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., Orth, R., & Todd, N. (May, 2013). *Predicting openness to diversity in White religious college students*. Poster presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., Liao, L. C., McConnell, E. A., & Odahl, C. (May, 2013). In L. C. Liao (Chair), *Qualitative methods in graduate studies: Challenges and opportunities*. Roundtable presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L., & McConnell, E. A., (May, 2013). In **R. L. Suffrin** (Chair), & C. Odahl and J. Houston (Discussants), *Discussion of youth immersion programs: Positive outcomes and research challenges*. Roundtable presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Todd, N. R., **Suffrin, R. L.**, & McConnell, E. A. (May, 2013). In N. R. Todd (Chair) *Understanding how attitudes toward White privilege shapes social justice and mentoring activities*. Symposium presented at the Society for Community Research and Action Program at the Midwest Psychological Association, Chicago, IL.

Suffrin, R. L. (2011, October). *Center for Companies That Care*. Community agency presentation presented at 24th Annual Midwest Eco Conference, Chicago, IL.

Suffrin, R. L. (2011, August). Relationship between perceived sense of community in childhood and frequency and type of civic engagement in adulthood. In Olson, B. (Chair) *Influences of Seymour Sarason on modern-day research, practice, projects and settings*. Symposium presented at the annual American Psychological Association Conference, Washington, DC.

Suffrin, R. L., & Langelier, C. (2011, June). *Community research and action as a system: Evaluating the "Program in which we work."* Roundtable presented at the Society for Community Research and Action Biennial, Chicago, IL.

Rachael L. Ellison

Suffrin, R. L., & Hartig, J. (2010, October). *An exploration of psychological sense of community in face-to-face and online grief support groups using observation and confirmatory factor analysis.* Roundtable presented at the Midwest Ecological-Community Psychology Conference, Urbana-Champaign, IL.

Suffrin, R. L., & Thomas, S. (2009). *Age is just a number: Empowering youth through civic engagement.* Poster presented at Northwestern University's Civic Engagement Certificate Program, Evanston, IL.

AWARDS AND HONORS

2020 **APA 2020 Early Career Achievement Award**
2019 **Outstanding Postdoctoral Fellow Travel Award**, National Academy of Neuropsychology
2016-2017 **Chief Intern**, UCSD/VA Psychology Internship Program
2015 The Society for the Psychological Study of Social Issues (SPSSI) Grant-in-Aid Program **Award**
2014 Society for Community Research and Action (SCRA) **Mini-Grant**
2014 Institute for Challenging Disorganization (ICD) **Student Research Grant**
2012-2014 **Mini-Grant Award**, DePaul University
2013-2015 **Graduate Research Fund Award**, DePaul University
2013 SCRA/Midwestern Psychological Association (MPA) **Poster Award**
2012-2013 **DUOS Fellowship Grant**, DePaul University
2012-2014 **Vincentian Endowment Fund Grant**, DePaul University
2011 **APA Travel Award**
2010 **Order of Omega Greek Honor Society**, Northwestern University
2008 **Greek Emerging Leaders Award**, Northwestern University
2006-2010 **Dean's List**, School of Education and Social Policy, Northwestern University
2007-2009 **Academic All Big 10**, Northwestern University Division 1 Cross Country Program
2007-2009 **Jean and Theron Locke Memorial Fund Recipient**, Northwestern University Division 1 Cross Country Program

ACTIVE RESEARCH STUDIES

2021-Present **Primary Investigator**, Socially Conscious lab, IIT
"Race Based Stress and Empowerment Focused Compensatory Cognitive Training for Mild Cognitive Impairment"
Formal collaborators: Marla Shu, DO, MPH (Loyola University), Maurice Endsley, Ph.D. (Edward Hines Jr., VA Hospital), Patrick Riordan, Ph.D. (Edward Hines Jr., VA Hospital), Anne Day, Ph.D. (Edward Hines Jr., VA Hospital), Karan Saban, Ph.D. (Loyola University), Veronica Shead, Ph.D. (Veterans Health Administration St. Louis), Darnell Motley, Ph.D. (University of Chicago), Dulal Bhaumik, Ph.D. (University of Chicago)
Study goals: This project aims to pilot a new adaptation of Motivationally Enhanced Compensatory Cognitive Training for Mild Cognitive Impairment (ME-CCT-MCI; a VA-based cognitive rehabilitation manualized intervention for older adults with MCI, with a focus on the impact of stress on cognitive functioning; Huckans et al., 2013) that integrates components from the Race Based Stress and Empowerment (RBSE) group (Carlson et al., 2018) for an increased focus on race-based stress and discrimination for

racial minority Veterans. The study aims to assess both objective and self-reported cognitive functioning, emotional functioning, as well as biomarkers of stress.

2021-Present

Primary Investigator, Socially Conscious lab, IIT

"COVID-19 & Cognition"

Study goals: To examine potential associations between contraction of COVID-19 (symptomatic and asymptomatic) on objective cognitive performance in an adult community sample. Objective cognitive functioning will be assessed online via self-administered cognitive objective assessments using Test My Brain (www.testmybrain.org).

2021- Present

Primary Investigator, Socially Conscious lab, IIT

"Assessment of Best Practices in Cognitive Rehabilitation Post-COVID"

Formal collaborators: Members of the International Neuropsychological Society (INS) Special Interest Group NeuroCOVID-19 subcommittee on Cognitive Rehabilitation post-COVID-19 (i.e., Kalliopi Megari, Ph.D., [University of Western Macedonia, Florian, Greece], Claire Ramsden, Sarah Gulick, Psy.D., Natalia Gawron, Ph.D. [The Maria Grzegorzewska University, Poland], Patrick Smith, Ph.D. [Duke University]), Halima Hussaini

Study goals: To gain a better understanding of (a) the most effective cognitive rehabilitation methods in post-COVID patients, (b) providers' sense of other possible etiologies of reported cognitive complaints for this population, and (c) the common cognitive/functional concerns for this patient population (e.g., reason for referral for cognitive rehabilitation treatment; treatment goals, etc.).

2021-Present

Co-Investigator, Edward Hines Jr., VA Hospital

"The effect of yoga on cognitive function, stress, and brain structure among aging Veterans with mild cognitive impairment and alcohol use disorder"

Primary Investigator: Amy Herrold, Ph.D.

(under grant review)

Study goals: To develop a novel neuroscience and mindfulness-based treatment intervention for mild cognitive impairment among Veterans with a spectrum of drinking patterns. The objectives of this pilot study, essential first steps towards this long-term goal, are to determine the effects of a yoga program on cognitive function, stress and brain structure.

2021-Present

Co-Investigator, Edward Hines Jr., VA Hospital

"Looking at the bright side: Advancing our understanding of intrinsically photosensitive retinal ganglion cells in Parkinson's disease"

Primary Investigator: Sandra L. Kletzel, Ph.D.

Edward Hines Jr., Veterans Affairs Health Center SERWA Geriatric Research Grant

Study goals: To develop and optimize chromatic light therapy to improve non-motor symptoms of Veterans living with PD. In order to advance to the stage of treatment develop, there are several unknowns to be addressed. The objective of this Geriatric Research pilot study is to examine utility of ipRGCs as a biomarker for PD, both in terms

of disease severity and cognitive function. Two study aims: (1) Determine if ipRGC function is differentially affected based on severity of PD; (2) Explore the contribution of ipRGC function to VS/VP processing in PD.

2019-Present

Primary Investigator, Socially Conscious lab, IIT

“Exploring the Cognitive Burden of Racial Code Switching”

Formal collaborators: Emma Adam, Ph.D. (Northwestern University), Patrick Riordan, Ph.D., ABPP (Edward Hines, Jr. VA Hospital), Vershawn Young Ph.D. (University of Waterloo), Maurice Endsley, Ph.D. (Edward Hines, Jr. VA Hospital), Courtney L. McCluney, Ph.D. (Cornell University), Rayne Bozeman, Ph.D. (Chicago State University), Myles I. Durkee, Ph.D. (University of Michigan), Ednah Ezichi Nwafor (Collaborative for Academic, Social, and Emotional Learning)

Study goals: Empirically test the cognitive burden of race-based code-switching in a controlled context

2019-Present

Primary Investigator, Socially Conscious Lab, IIT

“Executive Functioning, Emotion Regulation and Challenging Conversations”

Formal collaborators: Ruth Schmidt (Associate Professor, IIT Institute of Design); Jonas Kaplan, Ph.D. (Assistant Professor, University of Southern California); Demetri Morgan, Ph.D. (Assistant Professor, Loyola University)

Study goals: Test potential short-term, low-effort interventions on increasing empathic understanding to diverse viewpoints; Explore the role of executive functioning (through objective neuropsychological testing), and the process of staying emotionally regulated during challenging social/political conversations

2019-Present

Co-Investigator/Cognitive Coach, Edward Hines Jr., VA Hospital

SPIRE Grant, Department of Veterans Affairs-RR&D

“Cognitive Rehabilitation for Veterans with Parkinson's Disease”

Primary Investigator: Sandra L. Kletzel, Ph.D.

Study goals: Determine the feasibility, cognitive effects and effects on real-like function of an at-home computerized cognitive training and implementation strategy program for Veterans with Parkinson's disease

2019-Present

Co-Investigator, Department of Nutrition and Food Science, IIT

Funding from the United States Department of Agriculture (USDA)

“Understanding the Pulse-Gut relationship and its role in modifying systemic inflammation and insulin sensitivity in humans”

Primary Investigators: Indika Edirisinghe, Ph.D. (IIT, Institute for Food Safety and Health); Britt Burton-Freeman, Ph.D. (IIT, Institute for Food Safety and Health)

Selected study goals: Testing the effects of daily consumption of pulses (black beans/chickpeas) on cognitive functioning (as well as the structure and function of the microbiome, and production of metabolites beneficial to human physiology including reduced systemic and gut inflammation)

2019-Present

Co-Investigator, Department of Nutrition and Food Science, IIT

“Metabolic-Eye-Brain Avocado Mango Study”

Primary Investigators: Britt Burton-Freeman, Ph.D. (IIT, Institute for Food Safety and Health); *Co-Investigators:* Rebecca K Zoltoski, Ph.D. (Illinois College of Optometry); Arlene Chapman, M.D. (University of Chicago Medicine)

Selected study goals: Testing the effects of daily consumption of avocado on cognitive functioning (as well as on systemic and ocular vascular health)

2021-Present

Co-Investigator, Edward Hines Jr., VA Hospital

“Functional and cognitive correlates of intrinsically photosensitive retinal ganglion cells Veterans with Parkinson’s disease”

2021-Present

Co-Investigator, Edward Hines Jr., VA Hospital

“Differential effects of alcohol on neuropathology associated with dementia”

2020-Present

Co-Investigator, Edward Hines Jr., VA Hospital

“Advancing intrinsically photosensitive retinal ganglion cells as a prodromal biomarker for Parkinson’s disease with remote monitoring technology”

2020-Present

Co-Investigator, Edward Hines Jr., VA Hospital

“Vibrational therapy as an integrative treatment for Parkinson’s disease”

2021-Present

Co-Investigator, Edward Hines Jr., VA Hospital

“DR. BEATS – DBS-RAS Beat Synchronization Study”

2019-Present

WOC Research Collaborator, Edward Hines Jr., VA Hospital

2017-2019

Post-Doctoral Researcher, Edward Hines Jr., VA Hospital

“Traumatic Brain Injury Data Repository”

Research Services, Center for Innovation in Complex Chronic Healthcare

Primary Investigators: Theresa Louise-Bender Pape, Dr.PH.; Amy Herrold, Ph.D.

2019-Present

Research Collaborator, Northwestern University

2017-2019

Post-Doctoral Researcher, Northwestern University

“Biology, Identity and Opportunity (BIO) Study”

Contexts of Adolescent Stress and Thriving (COAST) Lab, School of Education and Social Policy/Institute for Policy Research

Primary Investigators: Emma Adam, Ph.D. (Northwestern University); Adriana Umaña-Taylor, Ph.D. (Harvard University); Mesmin Destin, Ph.D. (Northwestern University)

Study goals: Exploring if disparities in race-based stress (e.g., perceived racial discrimination) and stress biology (e.g., cortisol daily rhythms and sleep hours and quality) may help to account for racial-ethnic disparities in academic performance and cognition

CLINICAL EXPERIENCE

2019-Present

Clinical Neuropsychologist

Rachael L. Ellison

Chicago Neuropsychology Group, Dr. Robert Heilbronner, Ph.D., ABPP-CN, Chicago, IL
Neuropsychological evaluations and cognitive rehabilitation

11/2019-Present

WOC Medical Staff Psychologist

Edward Hines Jr. VA Hospital, Hines, IL

2017-2019

Postdoctoral Fellow in Clinical Neuropsychology

Edward Hines, Jr. VA Hospital, Hines, IL

Major Rotations: Outpatient & Inpatient Neuropsychology, Polytrauma/TBI Neuropsychology

Minor Rotations: Brain Injury Research, "TBI Survivors Network" group for moderate to brain injury, "Caring for the Aging Brain" workshops, Cognitive Rehabilitation group for Mild Cognitive Impairment, Health Promotion Disease Prevention clinic (including transplant evaluations, biofeedback, CBT-I, leading weekly "Wellness Workshops" for inpatient substance abuse clinic)

About: Veterans Affairs center

Supervisors: David Kinsinger, Ph.D., ABPP-CN, Anne Wiley, Ph.D., ABPP-CN, Patrick Riordan, Ph.D., ABPP-CN, & Amanda Urban, Ph.D., ABPP-CN

- Supervised externs in full neuropsychological evaluations
- Supervised the neuropsychology intern through TBI Survivor's Network group
- Responsible for organizing and facilitating neuropsychology journal club for trainees
- Led group supervision for neuropsychology trainees
- Implemented and led the first Cognitive Rehabilitation Group for Mild Cognitive Impairment (MCI)
- Facilitated Wellness Workshop series through Health Promotion Disease Prevention (HPDP)
- Designed and gave a CE workshop for the hospital on "HIV and Neuropsychology" for World AIDS Day
- Participated in neuroradiology rounds, "supervision of supervision" group, group supervision, other relevant didactics/rounds/trainings/CEs at both Hines and Loyola (e.g., Medical Rehabilitation didactics, Integrated Care grand rounds)
- Co-facilitated "Understanding the Aging Brain" multidisciplinary educational workshops for aging Veterans, caregivers and family members. Present both at the VA and externally in the community (e.g., at VFWs); presented on "Emergency First Aid: Concussions and Strokes" at the Family Empowerment Network (FEN) series
- Audited the neuroanatomy course at Loyola University
- Shadowed the Inpatient Neurology Team for a 2-week experience

2018-2019

Clinical Associate

Center for Comprehensive Neurobehavioral Care, Chicago, IL

About: A pediatric private practice specializing in comprehensive multidisciplinary neuropsychological and forensic evaluations

Clinical Director: Lori G. Tall, Psy.D.

Rachael L. Ellison

2018-2019

Pediatric Neuropsychological Technician

O’Koon Psychology Group, Glenview, IL

About: A pediatric private practice specializing in comprehensive multidisciplinary neuropsychological evaluations

Clinical Director: Jeff O’Koon, Ph.D.

2016-2017

Clinical Intern in TBI/Neuropsychology

University of California San Diego (UCSD)/VA Psychology Clinical Internship Program

Rotations: TBI Cognitive Rehabilitation Clinic, Neuropsychology Unit, PTSD Clinic

About: Veterans Affairs center

TBI/Cognitive Rehabilitation Supervisor: Amy Jak, Ph.D., Internship Program Director,

Karen Hanson Bondi, Ph.D. *Neuropsychology Supervisors:* Mark Bondi, Ph.D., ABPP/CN;

Gregory Brown, Ph.D., ABPP/CN; Vincent Filoteo, Ph.D. *PTSD Supervisor:* Joanna

Jacobus, Ph.D.

- Appointed **Chief Intern**
- Wrote and conducted comprehensive neuropsychological batteries of primarily adult neuropathological disorders
- Conducted clinical intakes for across all three rotations and participated in feedback sessions for both neuropsychological assessments and TBI assessments
- Gained proficiency in conducting cognitive rehabilitation, “Compensatory Cognitive Training” (formally CogSMART)
- Successfully completed **VA certification** for **Cognitive Processing Therapy (CPT)**
- implemented Prolonged Exposure (PE), CPT and STAIR for Veterans with PTSD, conducted CPT group

2015-2016

Pediatric Neuropsychology Extern

University of Chicago, Department of Psychiatry, Chicago, IL

About: University medical center

Supervisors: Scott Hunter, Ph.D., Megan Scott, Ph.D.

2014-2015

Adult Neuropsychology Extern

University of Illinois, Chicago, Department of Psychiatry, Chicago, IL

About: University medical center

Supervisors: Neil Pliskin, Ph.D., ABPP/CN, Julie Janecek, Ph.D., Woojin Song, Ph.D., Sara Weisenbach, Ph.D., ABPP/CN

2014-2016

Pediatric Neuropsychological Technician

Pediatric Consultation Center, Glenview & Vernon Hills, IL

About: A pediatric private practice specializing in comprehensive multidisciplinary neuropsychological evaluations

2014-2016

Part-Time Staff

2013-2014

Advanced Clinical Extern

2012-2013

Clinical Extern

2012-2014

Pediatric Testing Clinician

2013-2015

Group Therapist

2012-2014

Parent Child Interaction Therapy (PCIT) therapist

DePaul Family and Community Services (DePaul FCS), Chicago, IL

About: A community-based child/family mental health center specializing in working with low-income, minority youth

- Supervised 2 teaching assistants, 6 clinical supervisors, 30 mentors and 30 mentees at 3 partner schools in Chicago's southside Englewood/Auburn Gresham communities
- Supervised graduate and undergraduate student therapists in group supervision
- Designed and facilitated weekly group coping sessions as part of an intervention focused on alleviating stress for youth living in urban poverty, in a longitudinal RCT, community-based mentoring project working with 4th-9th grade mentees
- Developed brief "waitlist" groups for youth and parents at DePaul FCS
- Contracted by CPS to lead 5 weekly school-based therapy groups (e.g., Anger Coping, Emotion Regulation) for 3rd- 8th graders
- Received training on Anger Coping and Cognitive Behavioral Intervention for Trauma in Schools (CBITS)
- Co-led mother-daughter therapy groups in a community setting with minority youth at risk for depression and their mothers as part of the development of a manualized intervention and RCT for the Mother-Daughter Project
- Trained on "Strengths for Trauma Resilience- Overcoming N' Growing" STRONG Families Treatment for Community Violence training through *the Urban Youth Trauma center at the Institute for Juvenile Research at the University of Chicago*

2015

Mental Health Professional, Camp Kesem Northwestern University

About: A 501(c)3 **overnight camp** for kids ages 6-16 whose parents have/had cancer

- Assisted with both campers and counselors' psychological issues (e.g., homesickness, oppositional behavior)
- Managed camper mental health crises (e.g., camper suicidal ideation)
- Provided pre-camp training for staff and student leaders on behavioral management

ADVISING/SUPERVISING/MENTORING

Clinical Psychology Ph.D. Students

08/2020-Present Hannah VanLandingham
08/2020-Present Christopher Gonzalez
12/2021-Present Humza Khan

Clinical Advisees: Rehabilitation Psychology Ph.D. Students

08/2019-Present Jenna Ausloos
08/2019-Present Rachel Dubke
08/2020-Present Alison Oh
08/2021-Present Gabby (Jessica) Springer

Rachael L. Ellison

Post-Baccalaureate Trainee

08/2020-Present Andrea Cladek
05/2021-Present Jared Cherry
09/2021-Present Halima Hussaini

Undergraduate students (informal research mentorship)

09/2019-Present Aseem Dani
12/2020-10/2021 Ana Shack
09/2021-Present Esha Raut
06/2021-Present Ayesha Mahmood
01/2022-Present Saffa Rehman (*formal Senior Capstone Project for course credit*)

Dissertation Committees

Date Proposed / Defended

09/2019 / - Elizabeth Hamilton, "*Distinctive categorization deficits in repeated sorting of common household objects in Hoarding Disorder*"
08/2020 / - Julia Thomas, "*Quality of life in people with epilepsy: The association of anti-epileptic drugs and biopsychosocial variables*"
09/2020 / - Jonathan Tsen, "*Caring for the caregiver: Interpersonal factors and depression as serial mediators between stigma and suicidal ideation*"
09/2020 / - Stephen Ramos, "*A Social-Ecological Examination of Facilitators and Barriers to Pre-Exposure Prophylaxis (PrEP) Uptake Willingness for Full-Service Sex Workers*"
2022 / - Xi Di Xiao, (Nutrition and Food Science)
8/2021 / - Kelly Manser, "*Testing partner and actor mediation effects of the mindfulness-relationship satisfaction association in long-distance relationships*"
2021 / - Lauren Scimeca

Master's Thesis Committees

Date Proposed / Defended

04/2020 / - Jenna Ausloos, "*The role of self-determination and parental support in the participation of transition planning among transition-age youth with Autism Spectrum Disorder*"
11/2020 / N/A Chanae Duff, "*Public Stigma of Veterans with PTSD and Physical Disability*"
12/2020 / 8/2021 Jennifer Kurian, "*Relation between Inhibitory Control, Teacher Support, and Externalizing Behaviors in Elementary School Children*"

Rachael L. Ellison

02/2021 /1/2022 Lynn Kannout, *“Social Cohesion, Race, Discrimination, & Health: Testing a Moderated Mediation among LGBT Chicagoans”*

Comprehensive Exam Committees

10/2019 Krystal Badillo, *“Bariatric surgery and “legal” substance use: Is it evidence-based to delay surgery?”*

12/2019 Julia Thomas, *“What are the best practices for evaluating a bilingual client who is preparing for temporal lobe resection?”*

12/2020 Andrew De Leonardis, *“Staying the Course: Attrition Risk Factors for a Latinx Female with Post-Traumatic Stress Disorder Undergoing Cognitive Processing Therapy”*

12/2020 Lauren Scimeca, *“What are the Neuropsychological and Educational Outcomes of extreme prematurity”*

05/2021 Aamir Laique, *“How can a neuropsychological evaluation help determine vocational outcomes for a 22-year-old African American female with pediatric-onset relapsing-remitting Multiple Sclerosis (POMS)?”*

09/2021 Nisha Jagannathan, *“Characterizing Executive Function Issues as an Epiphenomenon of Severe Obsessive-Compulsive Disorder: Key Features and Treatment Considerations”*

09/2021 Isabel Quinones, *“The Value of ACT: Considerations for the Best Practices for Culturally Adapted, Brief Therapy for a Latina Patient Seeking Bariatric Surgery”*

10/2021 Lindsey Evans, *“Trans-diagnostic risk factors of co-occurring internalizing and externalizing behaviors in a kindergarten student and appropriate treatments”*

11/2021 Stacey Cahoon (biomedical engineering), *“Axon Damage Correlates of Elastography Measurements in the Aging Brain”*

01/2022 Nicole Johnson, *“Examining treatment outcomes for OCD with sensory phenomena”*

01/2022 Jennifer Kurian, *“A child with selective mutism”*

Clinical Supervisor

2017-2019 During Post-Doctoral Fellowship in Clinical Neuropsychology, Edward Hines, Jr. VA Hospital, Hines, IL

- Supervised neuropsychology externs
- Supervised neuropsychology intern through TBI Survivor’s Network group

Pre-Doctoral Research Mentor Experience

2011-2016 **Research Supervisor and Mentor, DePaul University**

- Directly supervised multiple graduate and undergraduate students for academic credit and as volunteers across multiple research studies
- Formally supervised an undergraduate student through the DePaul DUOS program

2014-2015

Course Instructor and Mentor Team Leader, Cities Mentor Project, DePaul University

- Supervised 2 teaching assistants, 6 clinical supervisors, 30 mentors and 30 mentees at 3 partner schools in the Englewood/Auburn Gresham communities in Chicago's south side as part of a clinical intervention

TEACHING EXPERIENCE

Course Instructor

F2019	Cognitive and Affective Bases of Behavior (PSY 503); IIT
F2020	Cognitive and Affective Bases of Behavior (PSY 503); IIT
F2020	Introduction to Psychopathology (PSY 303); V01, IIT
S2021	Introduction to Psychopathology (PSY 303); V01, IIT
S2021	Introduction to Psychopathology (PSY 303); V02, IIT
Sum2021	Introduction to Psychopathology (PSY 303); V01, IIT
F2021	Cognitive and Affective Bases of Behavior (PSY 503); IIT
F2021	Cognitive Assessment (PSY 510); IIT
S2022	Cognitive Assessment (PSY 510); IIT
Sum2021	Introduction to Psychopathology (PSY 303); V01, IIT

2014-2015

Connecting with Youth through Research, Advocacy, and Service, DePaul University

- Designed and taught a year-long, 300 level, service-learning course in which college student mentors worked with at-risk youth from the Chicago south side, as part of a RCT

2010-2011

Peer Health Exchange, Northwestern University

- Taught nutrition and physical activity in Chicago Public High Schools that did not offer a formalized health curriculum for their students

2010

Dialogue Facilitator, Etgar 36

- Engaged high school students on a civic engagement summer immersion in discussions on controversial social and political issues

Teaching Assistant

2010	Introduction to Community Development, Northwestern University
2010	Global Engagement Summer Institute (GESI), Northwestern University
2011	Personality Psychology, DePaul University
2012	History and Systems of Psychology, DePaul University
2012	Introduction to Psychology, DePaul University
2013	Introduction to Psychology, DePaul University
2014	Alcoholism, Drug Addiction & Recovery, DePaul University

Invited Speaker/Guest Lecturer

Rachael L. Ellison

Ellison, R. L. (11/2021). *Clinical Neuropsychology*. Guest Lecture given at PSY 409 at Illinois Institute of Technology, Chicago, IL.

Ellison, R. L. (11/5/2019). *Neuropsychology*. Guest Lecture given at PSY 409 at Illinois Institute of Technology, Chicago, IL.

Ellison, R. L. (2018, 2019). *Guest Lecture*. Lectures given in doctoral grant writing course at DePaul University, Chicago, IL.

Ellison, R. L. (2019). *Case Presentation: Amnestic episodes, REM sleep disorder, suicidal somnambulism, hyperthermia, and cognition*. Presentation given at the Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2019). *First Aid First: Traumatic Brain Injury (TBI), Concussions, and Strokes*. Presentation given at the Family Empowerment Network (FEN) series, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017, 2018). *Understanding the Aging Brain*. Presentation given at the Caring for the Aging Brain workshop series, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017, 2018). *The Cerebellum*. Presentation given at in Neuroanatomy series in Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2018). *Cranial Nerves*. Presentation given at in Neuroanatomy series in Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017). *HIV and Neuropsychology*. Presentation given for Continuing Education (CE) credits for World AIDS Day, Edward Hines Jr. VA Hospital, Hines, IL.

Ellison, R. L. (2017). *Understanding the Aging Brain*. Presentation given at the Educational Workshop sponsored by Edward Hines Jr. VA Hospital, at the Veterans of Foreign Wars (VFW), Naperville, IL.

Ellison, R. L. (2017, 2018). *Cognitive Rehabilitation*. Presentation given at the Neuropsychology Didactics, Edward Hines Jr. VA Hospital, Hines, IL.

Suffrin, R. L. (2017). *Cognitive Rehabilitation*. Presentation at the Clinical Psychology Internship Seminar Series, VA San Diego Healthcare System, San Diego, CA.

Suffrin, R. L. (2017). *Complications and Considerations in PTSD Treatment*. Presentation given at the PTSD Seminar Series, VA San Diego Healthcare System, San Diego, CA.

Suffrin, R. L. (2016). *Guest Lecture*. Lecture given in Introductory Psychology II course, DePaul University, Chicago, IL

Suffrin, R. L. (2016). *Neurocognitive Effects of Eating Disorders*. Presentation given at the Pediatric Clinical Neuroscience Seminar Series, University of Chicago Neuropsychology Program, Chicago, IL.

Rachael L. Ellison

Suffrin, R. L. (2016). *Neurocognitive and Behavioral Effects of Diabetes*. Presentation given at the Pediatric Clinical Neuroscience Seminar Series, University of Chicago Neuropsychology Program, Chicago, IL.

Suffrin, R. L. (2015). *Learning and Memory*. Presentation given at the Pediatric Clinical Neuroscience Seminar Series, University of Chicago Neuropsychology Program, Chicago, IL.

Suffrin, R. L. (2015). *Differential Diagnosis of GAD vs. OCD (vs. ADHD)*. Presentation given at the University of Illinois Chicago Adult Neuropsychology Clinical Case Conference Series, Chicago, IL.

Suffrin, R. L. (2014). *Guest Lecture*. Lecture given in Alcoholism, Drug Addiction & Recovery course, DePaul University, Chicago, IL.

Suffrin, R. L. (2013). *Guest Speaker*. Talk given at Clinical Psychology Doctoral Thesis Seminar, DePaul University, Chicago, IL.

PROFESSIONAL SERVICE

Department Service

05/2020 Lewis College Undergraduate Research Day Judge, IIT
10/2021 Invited by Peter Kilpatrick, Provost & Senior VP of Academic Affairs to serve on the search committee for the next Dean of IIT's Lewis College of Science and Letters

Committees

11/2021-Present Academic Honesty Committee
2020-2021 Lewis College, Dean's Institutional Racism committee, IIT
05/2020-08/2020 "Planning for Fall" COVID-19 reopening committee member for Lewis College, IIT
2013-2015 Psychology Student Work Load Committee, DePaul University
2013-2014 **Vice-Chair**, Psychology Graduate Student Association (GSA), DePaul University

Faculty Sponsor

09/2020-Present Clinical Psychology Graduate Student Organization (CPGSO), IIT
08/2021-Present Clinical Psychology Graduate Student Diversity Committee

University Service

09/2019-Present IIT Campus Judicial Board
08/2020-Present IIT Institutional Review Board Appointment

Service to the Field

Committees

06/2021-Present **Commissioner**, Representative from APA SCN's Women in Neuropsychology (WIN) Committee for Houston Conference Guidelines (part 2) planning committee
08/2020-8/2023 **Chair**, American Psychological Association (APA) Society for Clinical Neuropsychology (Division 40) Women in Neuropsychology (WIN) Committee
02/2021-Present Hines VA Research Strategic Planning Taskforce (invited)

Rachael L. Ellison

10/2020-Present INS NeuroCOVID-19 Special Interest Group (SIG): Cross-Cultural Neuropsychology
10/2020-Present INS NeuroCOVID-19 Special Interest Group (SIG): Rehabilitation Neuropsychology
10/2020-Present INS NeuroCOVID-19 Special Interest Group (SIG): Literature
2013-2014 Student Editor, SPSSI's publication *The Forward*
2013-2014 Committee Member, SPSSI Graduate Student Committee
2013 3rd National Faith, Justice and Civic Learning (NFJCL) Conference Advisory Committee
2011-2013 DePaul University Clinical/Community Doctoral Psychology student representative

Journal Guest Editor

2021-Present Journal of Clinical and Experimental Neuropsychology: Special Issue on Mentoring in Neuropsychology

Ad Hoc Journal Reviewer

2021 Journal of College and Character
2017 International Journal of Mental Health and Addiction
2018 International Journal of Mental Health and Addiction

Grant Reviewer

2018 Society for the Society for Community Research and Action (SCRA) Community Education Program (CEP) Mini Grants
2017 SCRA CEP Mini Grants
2016 SCRA CEP Mini Grants

Conference Proposal Reviewer

2021 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2018 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2017 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2017 SPSSI track of 2017 APA Convention
2016 SPSSI track of 2017 APA Convention
2016 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2015 Society for the Psychological Study of Social Issues (SPSSI) Annual Conference
2015 American Evaluation Association (AEA) Annual/Biennial Conference
2015 SCRA Biennial Conference
2014 SPSSI track of 2017 APA Convention
2014 American Evaluation Association (AEA) Annual/Biennial Conference
2014 AEA 28th Annual Conference
2013 SCRA Biennial Conference

Service to the Community

Northwestern University
08/2021-Present **Council of 100**, Northwestern University (membership by invitation only)
<https://www.alumni.northwestern.edu/s/1479/02-naa/16/interior.aspx?sid=1479&gid=2&pgid=28462>
2011-Present **Alumni Admission Council**, Northwestern University

Camp Kesem

About: Kesem is a nationwide community, driven by passionate college student leaders, that supports children through and beyond their parent’s cancer. They are the largest national organization dedicated to this unique population – supporting children with innovative, fun-filled programs that foster a lasting community. Camp Kesem is a free camp for children 6-16 whose parents have/had cancer, run and organized entirely by college students.

2010-2020	Camp Kesem Northwestern Advisory Board member
2016-2018	Camp Kesem Mental Health Provider Panel Member
2016	Camp Kesem Camp Advisor Panel Member
2014-2016	Camp Kesem National Alumni Leadership Board
2013-2014	Camp Kesem National Legacy Circle Board
2012-2013	Camp Kesem Chicago Alumni Board
2016	Mental Health Professional, Camp Kesem Northwestern University Chapter
2010-2013	Camp Advisor, University of Richmond, Arizona State University, University of California Davis, Notre Dame University

Service Immersion Trip Leader

2011-2013	Immersion Trip Leader, VIA Service Immersion Alternative Break Program, DePaul University
2011-2012	Washington, D.C., (<i>theme:</i> systemic factors related to issues of homelessness)
2012-2013	New York, NY, (<i>theme:</i> educational disparities in the urban education system)

2010-2011 Center for Companies That Care, Chicago, IL

AIM High Mentoring Program Staff

- Designed and implemented a curriculum focused on college readiness and workplace skills, for a community initiative for minority, low-income high school students as part of a mentoring program
- Gathered academic data for weekly tracking of mentee’s school progress
- Coordinated Center for Talent Development High School’s weekly afterschool
- Coordinated and staffed monthly events for mentors, mentees, mentees’ families
- Staffed summer college bus tour for mentees

Junior Board President

- Developed, organized, and ran the first Junior Board to engage young professionals

Senior Program Associate

- Promote corporate social responsibility by working to engage employers in social sustainability
- Increased employer involvement by recruiting companies to the Honor Roll and Community of Caring
- Provided critical feedback to employers through a statistical analysis of data from companies’ employee surveys to help better the lives of employees
- Researched and coordinated the development of new programs and initiatives
- Planned major fundraising events
- Recruited, trained and supervised staff and interns

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)
Society for Community Research and Action (SCRA; APA Division 27)
Society for Clinical Neuropsychology (SCN; APA Division 40)
The American Academy of Clinical Neuropsychology (AACN)
International Neuropsychological Society (INS)
National Academy of Neuropsychology (NAN)
Hispanic Neuropsychological Society (HNS)
Asian Neuropsychological Association (ANA)
Midwestern Psychological Association (MPA)
The Society for the Psychological Study of Social Issues (SPSSI)
Psychologists for Social Responsibility