

III. ACCREDITATION

The RMHCP has been in existence at Illinois Institute of Technology (Illinois Tech) since 1966. The program was among the first nationwide to be accredited by the Council on Rehabilitation Education (CORE) as a *Rehabilitation Counseling* program in 1975, and maintained it until CORE merged with CACREP on July 1, 2017.

The RMHCP was accredited in 2015 by the Council on Counseling and Related Education Programs (CACREP) for both *Clinical Mental Health Counseling* and *Clinical Rehabilitation Counseling*, and currently maintains this status.

IV. PROGRAM OF STUDY

Currently, Illinois Tech offers one 60-hour program of study in the rehabilitation and mental health counseling M.S. program. The Full-Time Program is designed for individuals entering the Clinical Rehabilitation and Clinical Mental Health Counseling fields. The Working Professionals Program (WPP) is also a 60-credit hour program designed specifically for individuals currently working in a mental health or disability-related field.

Full-Time Program of Study

The Full-Time Program of study in the clinical RMHCP provides the equivalent of two years (four semesters) of full-time study and is designed to provide students with the essential knowledge and skills necessary for clinical professional rehabilitation and mental health counseling practice. A basic core of required graduate courses is described below and there is no option for elective coursework. The program of study also affords students ongoing opportunities for interactive and collaborative experiences with persons with mental health disabilities and chronic illness, requiring activities that facilitate student interactions with persons with disabilities and clinical experiences that align with the clinical specializations.

Typical Course Sequence for Full-Time Program of Study

All courses listed below are required except where previous coursework makes them superfluous:

Fall 1

Course	Credits	Title
PSYC 410	3	Introduction to Rehabilitation and Mental Health Counseling
PSYC 412	3	Multicultural & Psychosocial Issues in RMHC
PSYC 513	3	Assessment in Rehabilitation and Mental Health Counseling
PSYC 523	3	Introduction to Theories of Psychotherapy
PSYC 557	3	Pre-Practicum in Rehabilitation and Mental Health Counseling

Spring 1

PSYC 526	3	Psychopathology
PSYC 561	3	Applied Counseling Techniques: Group Counseling
PSYC 563	3	Human Growth & Career Development
PSYC 583	3	Rehabilitation Engineering Technology I
PSYC 590	3	Psychiatric Rehabilitation I

Summer

PSYC 411 3 Medical Aspects of Disability (ONLINE)

Fall 2

PSYC 549 3 Practicum in Rehabilitation and Mental Health Counseling
PSYC 547 3 Evidence-Based Practices in RMHC
PSYC 562 3 Job Placement
PSYC 564 3 Rehabilitation and Mental Health Counseling Research Seminar
PSYC 588 3 Addictions and Psychopharmacology

Spring 2

PSYC 578 6 Rehabilitation & Mental Health Counseling Internship I (Fieldwork)
PSYC 579 3 Rehabilitation & Mental Health Counseling Internship II (Group Supervision)
PSYC 576 3 Research in Rehabilitation and Mental Health Counseling

Total Credits: 60

Psychiatric Rehabilitation – The curriculum in the RMHCP has a strong emphasis in psychiatric rehabilitation. This emphasis is designed to prepare students to more effectively help people with mental illness to obtain and maintain employment. Topics studied include counseling methods, successful vocational techniques and job placement strategies, psychopharmacology, diagnosis, consumer empowerment, use of community resources, supported education models, working with groups, and more. The following courses are intended to serve as the psychiatric rehabilitation core:

PSYC 590 Psychiatric Rehabilitation
PSYC 526 Psychopathology
PSYC 547 Evidence-Based Practice in Rehabilitation and Mental Health Counseling

Working Professionals Program (WPP)

The WPP is specifically designed for people who are currently working in the field of rehabilitation and mental health counseling and are pursuing a master's degree for job maintenance or enhancement. The WPP is designed to allow students to complete the degree program within three years while maintaining employment by taking into consideration students' work schedules. The WPP is different from typical distance learning programs because we believe certain skill sets, such as counseling techniques and research methods, can only be obtained by engaging in group activities and direct contact with faculty. Therefore, in addition to providing online options for some classes, the WPP offers face-to-face evening classes (at times via distance through Google Meet or Blackboard Collaborate Ultra) and summer weekend classes, where students will benefit from direct interaction with faculty and other students with little to no impact on work schedules. If the work site and site supervisor meet the fieldwork and related supervision requirements, it is possible for students in the WPP to complete some or all of the required fieldwork experiences at the work site. Students in this program should refer to the ***Illinois Tech Rehabilitation and Mental Health Counseling Fieldwork Manual*** and talk directly with the fieldwork coordinator to ascertain if their work site would be an appropriate placement. The WPP is a 60 credit-hour program.

Tentative Course of Study for the Working Professionals Program

Term/Semester	Course #	Hrs	Course Title
1 Fall	PSYC 410	3	Intro to Rehabilitation & Mental Health Counseling (Online)
	PSYC 523	3	Introduction to Theories of Psychotherapy (Online)
	PSYC 412	3	Multicultural & Psychosocial Issues in RMHC (Online)
2 Spring	PSYC 526	3	Psychopathology
	PSYC 563	3	Human Growth and Career Development (Online)
	PSYC 583	3	Rehabilitation Engineering Tech I (Online)
3 Summer	PSYC 513	3	Assessment in Rehabilitation & Mental Health Counseling
	PSYC 411	3	Medical Aspects of Disability
4 Fall	PSYC 557	3	Pre-Practicum in RMHC
	PSYC 564	3	Rehabilitation & Mental Health Counseling Research Seminar
5 Spring	PSYC 590	3	Psychiatric Rehabilitation I
	PSYC 576	3	Research in Rehabilitation and Mental Health Counseling
	PSYC 549	3	Practicum in Rehabilitation & Mental Health Counseling
6 Summer	PSYC 561	3	Applied Counseling Skills: Group Counseling
7 Fall	PSYC 562	3	Job Placement (Online)
	PSYC 588	3	Addictions and Psychopharmacology
	PSYC 547	3	Evidence-Based Practice in RMHC
8 Spring	PSYC 578	6	Rehabilitation & Mental Health Counseling Internship I
	PSYC 579	3	Rehabilitation & Mental Health Counseling Internship II
	Total Credits = 60		